

Springfield District Profile – Adult Health

March 2020

		Most				
	VT	Recent Estimated # of				
Health Status Indicators	2018	District Trend District %^ Adults in District**				
Have Personal Health Care Provider	86%	88% 22,000				
Have Health Insurance, Ages 18-64	92%	93% 15,000				
General Health Status is Fair or Poor	14%	18% 5,000				
Poor Physical Health	12%	14% 3,000				
Poor Mental Health	12%	13% 3,000				
Did Not Visit Doctor Due to Cost	8%	9% 2,000				

Preventative Behaviors and Health Screening

Cholesterol Screened, in Last Five Years*^	83
Routine Doctor Visit, in Last Year	76
Dental Visit in Last Year*^	73
Met Physical Activity Recommendations*^	60
Colorectal Cancer Screening, Ages 50-75*^	71
2+ Daily Fruit Servings*^	32
Ever Tested for HIV	38
Cervical Cancer Screening, Women 21-65*^	86
Pneumococcal Vaccine, Ever, Ages 65+	75
Met Strength Building Recommendations [^]	31
Any Teeth Extracted, Ages 45-64 [^]	48
Breast Cancer Screening, Women 50-74*^	77
Flu Shot in the Last Year, Ages 65+	54
5+ Daily Fruit & Vegetable Servings*^	20
3+ Daily Vegetable Servings*^	20
Feel Community is Not Safe for Walking^	9%



Statistically different from Vermont + No Change • Measure moving in right direction • Measure moving in wrong direction

*Percent is age-adjusted to the U.S. 2000 population.

**Estimated counts are rounded to the nearest thousand and not age-adjusted.

^ Measures with data years other than 2017-2018. See District Profile - Methodology for details.

N/A = Value suppressed because sample size is too small or relative standard error (RSE) is >30.

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			Most	
Risk Behaviors	VT 2018	District Trend D	Recent District %	Estimated # of Adults in District**
No Leisure Time Physical Activity*	18%		19%	5,000
Cigarette Smoking*	15%		19%	4,000
Made Quit Attempt in Last Year*	57%		62%	2,000
Binge Drinking	17%		15%	4,000
Adverse Childhood Experiences, Four or More^	14%	•	13%	3,000
Marijuana Use	17%		10%	2,000
Heavy Drinking	8%		9%	2,000
Prescription Drug Misuse, Ever [^]	8%		8%	2,000
E-Cigarette Use [^]	3%	•	5%	1,000
Smokeless Tobacco Use	3%			5%; '17-'18: N/A
Disease Prevalence				
High Cholesterol [^]	28%		41%	9,000
Arthritis	28%		37%	9,000
Hypertension*^	25%		28%	9,000
Obese, Ages 20+*	29%		38%	8,000
Overweight, Ages 20+*	33%		30%	7,000
Depressive Disorder	21%		26%	7,000
Asthma, Current Diagnosis	12%		13%	3,000
Diabetes	9%		11%	3,000
Cardiovascular Disease	8%		11%	3,000
Falls in Last Year, Ages 65+^	33%	• • • • •	33%	2,000
Skin Cancer Diagnosis	7%		9%	2,000
Non-Skin Cancer Diagnosis	8%		8%	2,000
Chronic Obstructive Pulmonary Disease	6%		8%	2,000
Select Demographics				
Ages 65+	24%		34%	8,000
Any Disability	24%	••	28%	7,000
LGBT^	9%	••••	6%	1,000
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Data points in the trend line are aggregated with two years of data.

For more information on methodology, and data years for specific measures, see <u>District Profile – Methodology</u>. For more information about Vermont towns in Springfield Health District, please visit <u>www.healthvermont.gov/local/springfield</u>.

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