

# **2015 Vermont Youth Risk Behavior Survey Report**

## **Report for Lamoille County**

### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Lamoille County. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst>.

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

In 2015, there was a methodology change in the weighting procedure. From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. In 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin, methamphetamines, and hallucinogens. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, cocaine, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>

## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Lamoille County**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Lamoille**  
**Number of Students in Lamoille County**

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**Lamoille County Total**

596

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	9	1%
Female	297	49%
Male	290	48%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	7	1%
9th grade	179	30%
10th grade	143	23%
11th grade	161	27%
12th grade	106	17%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Missing	18	3%
Racial or ethnic minority	59	9%
White non-Hispanic	519	87%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Missing	2	0%
High school or less	158	26%
Some college	78	13%
College graduate	185	31%
Graduate or professional degree after college	109	18%
Not sure	64	10%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Lamoille County.

*Demographics*


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**Vermont**  
**Number of Students in Vermont**

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<b>Vermont Total</b>
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21013
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<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	294	1%
Female	10243	48%
Male	10476	49%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Missing	611	2%
Racial or ethnic minority	3197	15%
White non-Hispanic	17205	81%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	22%	22%	
	10th	18%	20%	
	11th	18%	17%	
	12th	15%	14%	
Sex	Female	12%	12%	
	Male	25%	24%	
Total		18%	18%	

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	11%	10%	
	10th	11%	8%	
	11th	8%	6%	
	12th	7%	5%	
Sex	Female	5%	4%	
	Male	14%	10%	
Total		10%	7%	

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	8%	6%	
	10th	7%	6%	
	11th	4%	4%	
	12th	.	4%	Too few students
Sex	Female	5%	4%	
	Male	6%	6%	
Total		6%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	6%	6%	
	10th	10%	7%	
	11th	12%	9%	
	12th	14%	8%	
Sex	Female	4%	4%	
	Male	16%	11%	County statistically higher
Total		10%	8%	County statistically higher

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	6%	7%	
	10th	6%	6%	
	11th	7%	5%	
	12th	9%	5%	
Sex	Female	9%	7%	
	Male	5%	4%	
Total		7%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	22%	23%	
	10th	21%	18%	
	11th	28%	16%	County statistically higher
	12th	18%	14%	
Sex	Female	34%	23%	County statistically higher
	Male	11%	12%	
Total		23%	18%	County statistically higher

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	17%	20%	
	10th	20%	17%	
	11th	24%	16%	County statistically higher
	12th	19%	13%	
Sex	Female	30%	23%	County statistically higher
	Male	10%	10%	
Total		20%	16%	County statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	20%	13%	County statistically higher
	10th	14%	11%	
	11th	16%	11%	
	12th	15%	10%	
Sex	Female	18%	11%	County statistically higher
	Male	16%	12%	
Total		17%	11%	County statistically higher

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	23%	20%	
	10th	20%	19%	
	11th	19%	17%	
	12th	10%	14%	
Sex	Female	31%	26%	
	Male	8%	9%	
Total		19%	17%	

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		Lamoille	Vermont	Notes	
Grade	9th	22%	24%		
	10th	26%	26%		
	11th	32%	24%		County statistically higher
	12th	22%	24%		
Sex	Female	35%	34%		
	Male	17%	15%		
Total		26%	24%		

1 Personal Safety

**1.11 Percent of students who made a suicide plan, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	14%	13%	
	10th	12%	13%	
	11th	15%	12%	
	12th	6%	10%	
Sex	Female	16%	16%	
	Male	8%	8%	
Total		12%	12%	

**1.12 Percent of students who attempted suicide, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	6%	7%	
	10th	5%	6%	
	11th	8%	5%	
	12th	.	5%	Too few students
Sex	Female	7%	8%	
	Male	4%	4%	
Total		5%	6%	

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	3%	2%	
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	.	2%	Too few students
Sex	Female	.	3%	Too few students
	Male	.	1%	Too few students
Total		1%	2%	County statistically lower

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Lamoille	Vermont	Notes
Grade	9th	10%	8%	
	10th	11%	9%	
	11th	14%	9%	
	12th	13%	9%	
Sex	Female	13%	11%	
	Male	11%	7%	
Total		12%	9%	

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		Lamoille	Vermont	Notes
Grade	9th	4%	5%	
	10th	6%	6%	
	11th	10%	7%	
	12th	7%	8%	
Sex	Female	10%	10%	
	Male	3%	3%	
Total		7%	7%	

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	20%	19%	
	10th	18%	20%	
	11th	29%	20%	County statistically higher
	12th	23%	19%	
Sex	Female	24%	20%	
	Male	22%	19%	
Total		23%	20%	

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	15%	13%	
	10th	25%	20%	
	11th	34%	26%	County statistically higher
	12th	41%	29%	County statistically higher
Sex	Female	28%	22%	County statistically higher
	Male	28%	22%	
Total		28%	22%	County statistically higher

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	10%	5%	
	10th	6%	4%	
	11th	11%	8%	
	12th	11%	9%	
Sex	Female	7%	5%	
	Male	11%	9%	
Total		10%	7%	

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	10%	8%	
	10th	9%	10%	
	11th	21%	18%	
	12th	24%	20%	
Sex	Female	14%	12%	
	Male	20%	18%	
Total		17%	15%	

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	11%	10%	
	10th	20%	15%	
	11th	43%	40%	
	12th	45%	50%	
Sex	Female	31%	33%	
	Male	35%	33%	
Total		33%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	51%	48%	
	10th	59%	54%	
	11th	61%	55%	
	12th	59%	56%	
Sex	Female	53%	49%	
	Male	61%	56%	
Total		57%	53%	

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	69%	63%	
	10th	61%	65%	
	11th	62%	65%	
	12th	73%	67%	
Sex	Female	73%	72%	
	Male	58%	59%	
Total		66%	65%	

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Lamoille	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	6%	3%	
	11th	4%	4%	
	12th	.	6%	Too few students
Sex	Female	3%	5%	
	Male	5%	3%	
Total		4%	4%	

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Lamoille	Vermont	Notes
Grade	9th	43%	37%	
	10th	58%	51%	
	11th	69%	63%	
	12th	73%	71%	
Sex	Female	64%	57%	County statistically higher
	Male	56%	54%	
Total		60%	56%	

**2.02 Percent of students who drank alcohol, other than a few sips, before age 13**

		Lamoille	Vermont	Notes
Grade	9th	20%	14%	County statistically higher
	10th	20%	13%	County statistically higher
	11th	22%	12%	County statistically higher
	12th	8%	10%	
Sex	Female	18%	10%	County statistically higher
	Male	19%	14%	County statistically higher
Total		18%	12%	County statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	20%	17%	
	10th	27%	26%	
	11th	36%	34%	
	12th	35%	42%	
Sex	Female	28%	30%	
	Male	31%	29%	
Total		29%	30%	

**2.04 Percent of students who had five or more drinks in a row (binged), past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	10%	8%	
	10th	13%	13%	
	11th	23%	19%	
	12th	14%	24%	County statistically lower
Sex	Female	12%	15%	
	Male	19%	17%	
Total		15%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Lamoille	Vermont	Notes
Grade	9th	1 to 2 days	.	55%	Too few students
		3 to 9 days	.	33%	Too few students
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	.	57%	Too few students
		3 to 9 days	.	34%	Too few students
		10+ days	.	9%	Too few students
-----					
	11th	1 to 2 days	39%	49%	
		3 to 9 days	44%	40%	
		10+ days	18%	11%	
-----					
	12th	1 to 2 days	.	47%	Too few students
		3 to 9 days	.	40%	Too few students
		10+ days	.	13%	Too few students
-----					
Sex	Female	1 to 2 days	53%	55%	
		3 to 9 days	33%	36%	
		10+ days	14%	9%	
-----					
	Male	1 to 2 days	47%	47%	
		3 to 9 days	36%	38%	
		10+ days	17%	15%	
-----					
Total		1 to 2 days	50%	51%	
		3 to 9 days	35%	37%	
		10+ days	16%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

**2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Lamoille	Vermont	Notes
Grade	9th	1 to 2 drinks	.	49%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	32%	Too few students
-----					
	10th	1 to 2 drinks	.	41%	Too few students
		3 to 4 drinks	.	20%	Too few students
		5 or more drinks	.	39%	Too few students
-----					
	11th	1 to 2 drinks	21%	33%	
		3 to 4 drinks	19%	18%	
		5 or more drinks	60%	49%	
-----					
	12th	1 to 2 drinks	.	32%	Too few students
		3 to 4 drinks	.	19%	Too few students
		5 or more drinks	.	49%	Too few students
-----					
Sex	Female	1 to 2 drinks	41%	40%	
		3 to 4 drinks	29%	23%	
		5 or more drinks	30%	38%	
-----					
	Male	1 to 2 drinks	28%	33%	
		3 to 4 drinks	18%	16%	
		5 or more drinks	53%	52%	
-----					
Total	1 to 2 drinks		35%	36%	
	3 to 4 drinks		23%	19%	
	5 or more drinks		42%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.07 Among students who drank in the past 30 days, usual source of alcohol**

			Lamoille	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	.	12%	Too few students
		Someone gave it to me	.	36%	Too few students
		Took it / some other way	.	49%	Too few students
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	.	18%	Too few students
		Someone gave it to me	.	41%	Too few students
		Took it / some other way	.	37%	Too few students
-----					
	11th	Bought it	.	4%	Too few students
		Gave someone money	34%	28%	
		Someone gave it to me	40%	41%	
		Took it / some other way	23%	27%	
-----					
	12th	Bought it	.	7%	Too few students
		Gave someone money	.	29%	Too few students
		Someone gave it to me	.	43%	Too few students
		Took it / some other way	.	22%	Too few students
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	26%	24%	
		Someone gave it to me	45%	46%	
		Took it / some other way	28%	28%	
-----					
	Male	Bought it	7%	7%	
		Gave someone money	19%	24%	
		Someone gave it to me	39%	35%	
		Took it / some other way	35%	34%	
-----					
Total		Bought it	4%	5%	
		Gave someone money	22%	24%	
		Someone gave it to me	42%	40%	
		Took it / some other way	31%	31%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol

			Lamoille	Vermont	Notes
Grade	9th	At my home	.	46%	Too few students
		At another persons home	.	43%	Too few students
		At a public place or event	.	12%	Too few students
-----					
	10th	At my home	.	37%	Too few students
		At another persons home	.	53%	Too few students
		At a public place or event	.	10%	Too few students
-----					
	11th	At my home	30%	32%	
		At another persons home	61%	58%	
		At a public place or event	.	9%	Too few students
-----					
	12th	At my home	.	30%	Too few students
		At another persons home	.	60%	Too few students
		At a public place or event	.	10%	Too few students
-----					
Sex	Female	At my home	33%	34%	
		At another persons home	61%	58%	
		At a public place or event	6%	8%	
-----					
	Male	At my home	27%	34%	
		At another persons home	56%	53%	
		At a public place or event	17%	13%	
-----					
Total	At my home		30%	34%	
	At another persons home		58%	55%	
	At a public place or event		12%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Lamoille	Vermont	Notes
Grade	9th	19%	14%	
	10th	16%	18%	
	11th	30%	24%	
	12th	21%	28%	
Sex	Female	21%	19%	
	Male	23%	23%	
Total		22%	21%	

**2.10 Percent of students who smoked a whole cigarette before age 13**

		Lamoille	Vermont	Notes
Grade	9th	8%	6%	
	10th	4%	6%	
	11th	8%	6%	
	12th	.	6%	Too few students
Sex	Female	6%	5%	
	Male	7%	7%	
Total		6%	6%	

**2.11 Percent of students who smoked cigarettes, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	10%	7%	
	10th	8%	9%	
	11th	14%	12%	
	12th	8%	14%	
Sex	Female	10%	10%	
	Male	11%	12%	
Total		11%	11%	

*2 Alcohol, Tobacco and other Drug Use***2.12 Among students who smoked cigarettes in the past month, number of days students smoked**

			Lamoille	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	19%	Too few students
		10+ days	.	55%	Too few students
-----					
Sex	Female	1 to 2 days	.	32%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	44%	Too few students
-----					
	Male	1 to 2 days	.	26%	Too few students
		3 to 9 days	.	22%	Too few students
		10+ days	.	52%	Too few students
-----					
Total	1 to 2 days		31%	29%	
	3 to 9 days		21%	22%	
	10+ days		49%	49%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Lamoille	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Sex	Female	1 cigarette or less	.	47%	Too few students
		2 to 10 cigarettes	.	44%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	Male	1 cigarette or less	.	42%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	13%	Too few students
-----					
Total	1 cigarette or less		50%	44%	
	2 to 10 cigarettes		45%	44%	
	11 or more cigarettes		.	12%	Too few students

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

		Lamoille	Vermont	Notes	
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
	10th	Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
	11th	Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
	12th	Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	.	30%	Too few students
		Borrowed/bummed them	.	45%	Too few students
		Took them / some other way	.	19%	Too few students
-----					
	Male	Bought them	.	14%	Too few students
		Someone else bought them	.	28%	Too few students
		Borrowed/bummed them	.	34%	Too few students
		Took them / some other way	.	24%	Too few students
-----					
Total		Bought them	15%	10%	
		Someone else bought them	22%	29%	
		Borrowed/bummed them	35%	39%	
		Took them / some other way	28%	22%	

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	.	39%	Too few students
Sex	Female	.	43%	Too few students
	Male	.	41%	Too few students
Total		47%	42%	

**2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.**

		Lamoille	Vermont	Notes
Grade	9th	15%	18%	
	10th	25%	28%	
	11th	33%	35%	
	12th	36%	39%	
Sex	Female	26%	27%	
	Male	28%	33%	
Total		27%	30%	

**2.17 Percent of students who have used electronic vapor products, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	8%	10%	
	10th	13%	14%	
	11th	13%	17%	
	12th	14%	19%	
Sex	Female	11%	13%	
	Male	12%	18%	County statistically lower
Total		12%	15%	County statistically lower

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Lamoille	Vermont	Notes
Grade	9th	18%	15%	
	10th	20%	21%	
	11th	32%	29%	
	12th	23%	32%	
Sex	Female	22%	20%	
	Male	25%	28%	
Total		23%	24%	

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		Lamoille	Vermont	Notes
Grade	9th	7%	6%	
	10th	6%	5%	
	11th	9%	6%	
	12th	.	5%	Too few students
Sex	Female	6%	4%	
	Male	8%	7%	
Total		7%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	6%	5%	
	10th	6%	6%	
	11th	6%	8%	
	12th	8%	8%	
Sex	Female	2%	3%	
	Male	10%	11%	
Total		6%	7%	

**2.21 Percent of students who smoked cigars or little cigars, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	9%	5%	County statistically higher
	10th	7%	8%	
	11th	16%	12%	
	12th	14%	16%	
Sex	Female	5%	6%	
	Male	18%	14%	
Total		12%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	15%	11%	
	10th	13%	15%	
	11th	23%	21%	
	12th	18%	25%	
Sex	Female	12%	13%	
	Male	22%	23%	
Total		17%	18%	

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	19%	16%	
	10th	20%	22%	
	11th	26%	28%	
	12th	24%	32%	
Sex	Female	19%	20%	
	Male	25%	29%	
Total		22%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Lamoille	Vermont	Notes
Grade	9th	25%	22%	
	10th	34%	32%	
	11th	49%	44%	
	12th	49%	49%	
Sex	Female	40%	36%	
	Male	38%	38%	
Total		39%	37%	

**2.25 Percent of students who used marijuana before age 13**

		Lamoille	Vermont	Notes
Grade	9th	7%	6%	
	10th	9%	6%	
	11th	8%	7%	
	12th	7%	6%	
Sex	Female	6%	5%	
	Male	9%	8%	
Total		8%	6%	

**2.26 Percent of students who used marijuana, past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	14%	13%	
	10th	25%	20%	
	11th	27%	27%	
	12th	29%	29%	
Sex	Female	20%	21%	
	Male	26%	24%	
Total		23%	22%	

2 Alcohol, Tobacco and other Drug Use

2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Lamoille	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	.	32%	Too few students
		3 to 9 times	.	26%	Too few students
		10+ times	.	42%	Too few students
-----					
	11th	1 to 2 times	.	30%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	46%	Too few students
-----					
	12th	1 to 2 times	.	29%	Too few students
		3 to 9 times	.	23%	Too few students
		10+ times	.	48%	Too few students
-----					
Sex	Female	1 to 2 times	31%	37%	
		3 to 9 times	34%	26%	
		10+ times	35%	37%	
-----					
	Male	1 to 2 times	26%	26%	
		3 to 9 times	25%	23%	
		10+ times	50%	52%	
-----					
Total	1 to 2 times		27%	31%	
	3 to 9 times		28%	24%	
	10+ times		45%	45%	

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Lamoille	Vermont	Notes
Grade	9th	9%	8%	
	10th	8%	10%	
	11th	16%	13%	
	12th	13%	14%	
Sex	Female	9%	11%	
	Male	14%	12%	
Total		12%	11%	

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Lamoille	Vermont	Notes
Grade	9th	3%	4%	
	10th	.	4%	Too few students
	11th	7%	5%	
	12th	.	6%	Too few students
Sex	Female	4%	4%	
	Male	5%	5%	
Total		5%	5%	

**2.30 Percent of students who ever used cocaine**

		Lamoille	Vermont	Notes
Grade	9th	4%	3%	
	10th	.	4%	Too few students
	11th	5%	5%	
	12th	12%	7%	
Sex	Female	4%	4%	
	Male	7%	6%	
Total		6%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Lamoille	Vermont	Notes
Grade	9th	8%	7%	
	10th	8%	6%	
	11th	10%	7%	
	12th	8%	5%	
Sex	Female	10%	6%	County statistically higher
	Male	8%	7%	
Total		9%	7%	

**2.32 Percent of students who ever used methamphetamines**

		Lamoille	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	4%	3%	
	12th	6%	3%	
Sex	Female	2%	2%	
	Male	5%	3%	
Total		3%	3%	

**2.33 Percent of students who ever used heroin**

		Lamoille	Vermont	Notes
Grade	9th	.	2%	Too few students
	10th	.	2%	Too few students
	11th	.	2%	Too few students
	12th	7%	3%	County statistically higher
Sex	Female	.	1%	Too few students
	Male	5%	3%	
Total		3%	2%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	40%	34%	
	10th	44%	36%	
	11th	46%	39%	
	12th	43%	38%	
Sex	Female	43%	37%	County statistically higher
	Male	43%	37%	County statistically higher
Total		43%	37%	County statistically higher

**3.02 Percent of students who were in the same car as someone smoking, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	31%	25%	
	10th	31%	27%	
	11th	39%	28%	County statistically higher
	12th	26%	28%	
Sex	Female	34%	28%	County statistically higher
	Male	31%	27%	
Total		33%	27%	County statistically higher

3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use \_\_\_\_\_

**3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Lamoille	Vermont	Notes
Grade	9th	Never or rarely	21%	19%	
		Sometimes	28%	27%	
		At least most of the time	51%	54%	
-----					
	10th	Never or rarely	22%	19%	
		Sometimes	27%	27%	
		At least most of the time	51%	53%	
-----					
	11th	Never or rarely	23%	21%	
		Sometimes	26%	28%	
		At least most of the time	51%	52%	
-----					
	12th	Never or rarely	27%	22%	
		Sometimes	21%	28%	
		At least most of the time	52%	50%	
-----					
Sex	Female	Never or rarely	21%	19%	
		Sometimes	26%	28%	
		At least most of the time	53%	53%	
-----					
	Male	Never or rarely	26%	22%	
		Sometimes	25%	26%	
		At least most of the time	49%	51%	
-----					
Total		Never or rarely	23%	21%	
		Sometimes	26%	27%	
		At least most of the time	51%	52%	
-----					

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	Lamoille	Vermont	Notes
15 or less students	18%	19%	
16 to 25 students	27%	29%	
26 to 45 students	21%	24%	
46 to 55 students	13%	14%	
56 to 75 students	11%	8%	County statistically higher
76 or more students	10%	7%	County statistically higher

**3.05 Out of 100 high school students, the number thought to use marijuana**

	Lamoille	Vermont	Notes
15 or less students	8%	8%	
16 to 25 students	8%	13%	County statistically lower
26 to 45 students	15%	21%	County statistically lower
46 to 55 students	24%	21%	
56 to 75 students	23%	20%	County statistically higher
76 or more students	21%	16%	County statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes**

		Lamoille	Vermont	Notes
Grade	9th	94%	94%	
	10th	89%	93%	
	11th	94%	92%	
	12th	83%	87%	
Sex	Female	94%	93%	
	Male	88%	90%	
Total		91%	91%	

**3.07 Percent of students who think their parents think it is wrong for them to drink alcohol**

		Lamoille	Vermont	Notes
Grade	9th	75%	84%	County statistically lower
	10th	74%	78%	
	11th	63%	70%	
	12th	48%	57%	
Sex	Female	71%	74%	
	Male	62%	70%	County statistically lower
Total		66%	72%	County statistically lower

**3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana**

		Lamoille	Vermont	Notes
Grade	9th	81%	87%	County statistically lower
	10th	76%	82%	
	11th	72%	78%	
	12th	69%	74%	
Sex	Female	75%	82%	County statistically lower
	Male	74%	79%	
Total		75%	80%	County statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes**

		Lamoille	Vermont	Notes
Grade	9th	88%	87%	
	10th	80%	84%	
	11th	77%	77%	
	12th	68%	67%	
Sex	Female	78%	80%	
	Male	79%	77%	
Total		78%	78%	

**3.10 Percent of students who think it is wrong for someone their age to drink alcohol**

		Lamoille	Vermont	Notes
Grade	9th	64%	70%	
	10th	48%	58%	County statistically lower
	11th	40%	47%	
	12th	37%	38%	
Sex	Female	48%	54%	
	Male	47%	53%	
Total		48%	53%	County statistically lower

**3.11 Percent of students who think it is wrong for someone their age to smoke marijuana**

		Lamoille	Vermont	Notes
Grade	9th	65%	70%	
	10th	50%	59%	
	11th	45%	51%	
	12th	40%	44%	
Sex	Female	51%	57%	County statistically lower
	Male	51%	55%	
Total		51%	56%	County statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day

		Lamoille	Vermont	Notes
Grade	9th	57%	62%	
	10th	58%	66%	County statistically lower
	11th	59%	66%	
	12th	54%	66%	County statistically lower
Sex	Female	60%	67%	County statistically lower
	Male	55%	63%	County statistically lower
Total		57%	65%	County statistically lower

#### 3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends

		Lamoille	Vermont	Notes
Grade	9th	35%	42%	
	10th	36%	40%	
	11th	26%	36%	County statistically lower
	12th	21%	35%	County statistically lower
Sex	Female	32%	43%	County statistically lower
	Male	27%	33%	County statistically lower
Total		29%	38%	County statistically lower

#### 3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly

		Lamoille	Vermont	Notes
Grade	9th	29%	35%	
	10th	28%	29%	
	11th	19%	22%	
	12th	15%	21%	
Sex	Female	25%	30%	
	Male	20%	24%	
Total		23%	27%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use \_\_\_\_\_

#### 3.15 Percent of students who think it would be easy to get cigarettes

		Lamoille	Vermont	Notes
Grade	9th	47%	44%	
	10th	58%	55%	
	11th	71%	64%	
	12th	77%	80%	
Sex	Female	58%	57%	
	Male	67%	64%	
Total		62%	61%	

#### 3.16 Percent of students who think it would be easy to get alcohol

		Lamoille	Vermont	Notes
Grade	9th	63%	60%	
	10th	71%	68%	
	11th	78%	74%	
	12th	73%	75%	
Sex	Female	73%	71%	
	Male	70%	68%	
Total		71%	69%	

#### 3.17 Percent of students who think it would be easy to get marijuana

		Lamoille	Vermont	Notes
Grade	9th	56%	46%	County statistically higher
	10th	63%	60%	
	11th	75%	69%	
	12th	77%	74%	
Sex	Female	69%	60%	County statistically higher
	Male	65%	65%	
Total		67%	62%	County statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	39%	44%	
	10th	54%	50%	
	11th	57%	57%	
	12th	56%	60%	
Sex	Female	52%	56%	
	Male	49%	50%	
Total		51%	53%	

**3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police**

		Lamoille	Vermont	Notes
Grade	9th	34%	36%	
	10th	24%	30%	
	11th	28%	27%	
	12th	21%	24%	
Sex	Female	26%	29%	
	Male	29%	29%	
Total		27%	29%	

**3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months**

		Lamoille	Vermont	Notes
Grade	9th	18%	15%	
	10th	16%	19%	
	11th	23%	20%	
	12th	16%	18%	
Sex	Female	15%	15%	
	Male	22%	21%	
Total		19%	18%	

## 4 Sexual Behavior and Orientation

## 4.01 Sexual orientation

			Lamoille	Vermont	Notes
Grade	9th	Heterosexual (straight)	90%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	4%	6%	
		Not sure	4%	5%	
-----					
	10th	Heterosexual (straight)	89%	89%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	7%	6%	
		Not sure	4%	4%	
-----					
	11th	Heterosexual (straight)	87%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	9%	6%	
		Not sure	.	4%	Too few students
-----					
	12th	Heterosexual (straight)	88%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	7%	6%	
		Not sure	.	4%	Too few students
-----					
Sex	Female	Heterosexual (straight)	85%	84%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	11%	10%	
		Not sure	3%	5%	
-----					
	Male	Heterosexual (straight)	92%	92%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	3%	3%	
		Not sure	4%	4%	
-----					
Total	Heterosexual (straight)		89%	88%	
	Gay or lesbian		1%	2%	
	Bisexual		7%	6%	
	Not sure		3%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Lamoille	Vermont	Notes
Grade	9th	26%	18%	County statistically higher
	10th	33%	33%	
	11th	49%	49%	
	12th	62%	62%	
Sex	Female	43%	40%	
	Male	40%	41%	
Total		42%	41%	

**4.03 Percent of students who have ever had oral sex**

		Lamoille	Vermont	Notes
Grade	9th	28%	21%	County statistically higher
	10th	46%	37%	County statistically higher
	11th	49%	50%	
	12th	59%	60%	
Sex	Female	45%	41%	
	Male	44%	42%	
Total		44%	42%	

**4.04 Percent of students who had sexual intercourse before age 13**

		Lamoille	Vermont	Notes
Grade	9th	.	3%	Too few students
	10th	.	3%	Too few students
	11th	6%	3%	
	12th	.	4%	Too few students
Sex	Female	2%	2%	
	Male	4%	4%	
Total		3%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		Lamoille	Vermont	Notes
Grade	9th	6%	3%	County statistically higher
	10th	6%	6%	
	11th	17%	11%	
	12th	17%	19%	
Sex	Female	10%	9%	
	Male	12%	10%	
Total		12%	10%	

**4.06 Percent of students who have ever been tested for HIV**

		Lamoille	Vermont	Notes
Grade	9th	4%	7%	
	10th	7%	8%	
	11th	13%	12%	
	12th	5%	14%	
Sex	Female	8%	11%	
	Male	7%	9%	
Total		8%	10%	County statistically lower

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Lamoille	Vermont	Notes
Grade	9th	20%	12%	County statistically higher
	10th	26%	24%	
	11th	41%	38%	
	12th	49%	49%	
Sex	Female	34%	33%	
	Male	32%	30%	
Total		34%	31%	

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Lamoille	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	.	19%	Too few students
	11th	22%	18%	
	12th	17%	18%	
Sex	Female	18%	15%	
	Male	23%	22%	
Total		20%	19%	

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Lamoille	Vermont	Notes
Grade	9th	.	65%	Too few students
	10th	.	65%	Too few students
	11th	54%	58%	
	12th	60%	54%	
Sex	Female	55%	55%	
	Male	63%	62%	
Total		59%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Lamoille	Vermont	Notes
Grade	9th	.	28%	Too few students
	10th	.	39%	Too few students
	11th	57%	49%	
	12th	.	54%	Too few students
Sex	Female	48%	55%	
	Male	40%	38%	
Total		44%	47%	

**4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex**

		Lamoille	Vermont	Notes
Grade	9th	.	80%	Too few students
	10th	.	87%	Too few students
	11th	92%	88%	
	12th	.	87%	Too few students
Sex	Female	88%	88%	
	Male	85%	86%	
Total		87%	87%	

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Lamoille	Vermont	Notes
Grade	9th	No method was used	.	12%	Too few students
		Birth control pills	.	19%	Too few students
		Condoms	.	50%	Too few students
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students
-----					
	10th	No method was used	.	7%	Too few students
		Birth control pills	.	28%	Too few students
		Condoms	.	46%	Too few students
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	.	6%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students
-----					
	11th	No method was used	.	6%	Too few students
		Birth control pills	39%	37%	
		Condoms	35%	37%	
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	16%	6%	County statistically higher
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	1%	Too few students
-----					
	12th	No method was used	.	7%	Too few students
		Birth control pills	.	40%	Too few students
		Condoms	.	32%	Too few students
		IUD or implant	.	7%	Too few students
		Shot/patch/birth control ring	.	7%	Too few students
		Withdrawal/other method	.	6%	Too few students
		Not sure	.	2%	Too few students
-----					

## 4 Sexual Behavior and Orientation

			Lamoille	Vermont	Notes
Sex	Female	No method was used	8%	7%	
		Birth control pills	32%	39%	
		Condoms	40%	31%	
		IUD or implant	.	8%	Too few students
		Shot/patch/birth control ring	11%	8%	
		Withdrawal/other method	.	5%	Too few students
		Not sure	.	1%	Too few students
-----					
	Male	No method was used	11%	7%	
		Birth control pills	28%	30%	
		Condoms	41%	45%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	9%	4%	
		Withdrawal/other method	.	7%	Too few students
		Not sure	.	3%	Too few students
-----					
Total		No method was used	9%	7%	
		Birth control pills	31%	35%	
		Condoms	40%	38%	
		IUD or implant	4%	6%	
		Shot/patch/birth control ring	10%	6%	
		Withdrawal/other method	3%	6%	
		Not sure	4%	2%	

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			Lamoille	Vermont	Notes
Sex	Female	Have not had sex	36%	45%	County statistically lower
		Same sex	.	1%	Too few students
		Opposite sex	55%	46%	County statistically higher
		Both sexes	8%	7%	
-----					
	Male	Have not had sex	42%	43%	
		Same sex	.	1%	Too few students
		Opposite sex	55%	53%	
		Both sexes	2%	2%	
-----					
Total	Have not had sex		39%	44%	County statistically lower
	Same sex		1%	1%	
	Opposite sex		55%	50%	County statistically higher
	Both sexes		5%	5%	

## 5 Body Image

**5.01 The percent of students who are overweight (85th to <95th BMI percentile)**

		Lamoille	Vermont	Notes
Grade	9th	15%	15%	
	10th	12%	14%	
	11th	21%	14%	County statistically higher
	12th	13%	13%	
Sex	Female	14%	14%	
	Male	18%	14%	
Total		16%	14%	

**5.02 The percent of students who are obese (>=95th BMI percentile)**

		Lamoille	Vermont	Notes
Grade	9th	11%	12%	
	10th	16%	13%	
	11th	11%	12%	
	12th	16%	12%	
Sex	Female	9%	9%	
	Male	16%	16%	
Total		13%	12%	

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Lamoille	Vermont	Notes
Grade	9th	Underweight	12%	15%	
		About the right weight	55%	56%	
		Overweight	33%	29%	
-----					
	10th	Underweight	15%	13%	
		About the right weight	57%	55%	
		Overweight	28%	32%	
-----					
	11th	Underweight	14%	13%	
		About the right weight	55%	55%	
		Overweight	31%	31%	
-----					
	12th	Underweight	12%	13%	
		About the right weight	49%	55%	
		Overweight	39%	32%	
-----					
Sex	Female	Underweight	10%	10%	
		About the right weight	55%	54%	
		Overweight	35%	36%	
-----					
	Male	Underweight	17%	17%	
		About the right weight	53%	57%	
		Overweight	30%	26%	
-----					
Total	Underweight		14%	14%	
	About the right weight		54%	55%	
	Overweight		32%	31%	

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Lamoille	Vermont	Notes
Grade	9th	Lose weight	47%	41%	
		Gain weight	10%	12%	
		Stay the same weight /do nothing	43%	47%	
-----					
	10th	Lose weight	40%	43%	
		Gain weight	13%	13%	
		Stay the same weight /do nothing	47%	44%	
-----					
	11th	Lose weight	45%	42%	
		Gain weight	14%	14%	
		Stay the same weight /do nothing	41%	44%	
-----					
	12th	Lose weight	43%	42%	
		Gain weight	13%	15%	
		Stay the same weight /do nothing	44%	42%	
-----					
Sex	Female	Lose weight	57%	56%	
		Gain weight	3%	4%	
		Stay the same weight /do nothing	40%	40%	
-----					
	Male	Lose weight	31%	28%	
		Gain weight	21%	23%	
		Stay the same weight /do nothing	48%	49%	
-----					
Total		Lose weight	44%	42%	
		Gain weight	12%	14%	
		Stay the same weight /do nothing	44%	44%	
-----					

6 Nutrition and Physical Activity

**6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Lamoille	Vermont	Notes
Grade	9th	Less than 1 hour	11%	14%	
		1 to 2 hours	34%	36%	
		3 to 4 hours	35%	33%	
		5+ hours	21%	18%	
-----					
	10th	Less than 1 hour	11%	14%	
		1 to 2 hours	31%	36%	
		3 to 4 hours	35%	32%	
		5+ hours	23%	18%	
-----					
	11th	Less than 1 hour	15%	15%	
		1 to 2 hours	29%	38%	County statistically lower
		3 to 4 hours	32%	32%	
		5+ hours	24%	16%	County statistically higher
-----					
	12th	Less than 1 hour	13%	16%	
		1 to 2 hours	33%	36%	
		3 to 4 hours	28%	32%	
		5+ hours	26%	17%	County statistically higher
-----					
Sex	Female	Less than 1 hour	12%	15%	
		1 to 2 hours	31%	37%	
		3 to 4 hours	32%	32%	
		5+ hours	24%	16%	County statistically higher
-----					
	Male	Less than 1 hour	13%	14%	
		1 to 2 hours	32%	36%	
		3 to 4 hours	33%	32%	
		5+ hours	22%	18%	
-----					
Total		Less than 1 hour	12%	15%	
		1 to 2 hours	32%	36%	County statistically lower
		3 to 4 hours	33%	32%	
		5+ hours	23%	17%	County statistically higher

## 6 Nutrition and Physical Activity

## 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Lamoille	Vermont	Notes
Grade	9th	0 days	11%	11%	
		1 to 2 days	11%	16%	
		3 to 6 days	52%	47%	
		Everyday	25%	25%	
-----					
	10th	0 days	14%	13%	
		1 to 2 days	11%	15%	
		3 to 6 days	54%	47%	
		Everyday	21%	24%	
-----					
	11th	0 days	12%	15%	
		1 to 2 days	17%	17%	
		3 to 6 days	39%	45%	
		Everyday	32%	22%	County statistically higher
-----					
	12th	0 days	23%	17%	
		1 to 2 days	13%	18%	
		3 to 6 days	37%	44%	
		Everyday	27%	21%	
-----					
Sex	Female	0 days	18%	17%	
		1 to 2 days	16%	20%	
		3 to 6 days	49%	48%	
		Everyday	17%	16%	
-----					
	Male	0 days	11%	12%	
		1 to 2 days	10%	14%	
		3 to 6 days	43%	44%	
		Everyday	35%	30%	
-----					
Total		0 days	14%	14%	
		1 to 2 days	13%	17%	County statistically lower
		3 to 6 days	46%	46%	
		Everyday	26%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	19%	23%	
	10th	26%	23%	
	11th	25%	23%	
	12th	17%	24%	
Sex	Female	19%	22%	
	Male	25%	25%	
Total		22%	24%	

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	30%	34%	
	10th	37%	34%	
	11th	33%	34%	
	12th	32%	35%	
Sex	Female	31%	33%	
	Male	35%	35%	
Total		33%	34%	

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	14%	17%	
	10th	21%	17%	
	11th	20%	18%	
	12th	14%	19%	
Sex	Female	14%	17%	
	Male	21%	19%	
Total		18%	18%	

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	4%	5%	
	10th	7%	4%	
	11th	5%	4%	
	12th	.	4%	Too few students
Sex	Female	3%	3%	
	Male	6%	5%	
Total		5%	4%	

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		Lamoille	Vermont	Notes
Grade	9th	4%	5%	
	10th	5%	4%	
	11th	5%	4%	
	12th	14%	4%	County statistically higher
Sex	Female	4%	3%	
	Male	8%	6%	
Total		6%	4%	

## 6 Nutrition and Physical Activity

## 6.08 The number of days students ate breakfast during the past 7 days

			Lamoille	Vermont	Notes
Grade	9th	Never	10%	11%	
		1 to 3 days	23%	25%	
		4 to 6 days	24%	22%	
		Everyday	43%	42%	
-----					
	10th	Never	13%	11%	
		1 to 3 days	21%	24%	
		4 to 6 days	29%	24%	
		Everyday	37%	41%	
-----					
	11th	Never	10%	10%	
		1 to 3 days	27%	25%	
		4 to 6 days	22%	24%	
		Everyday	41%	40%	
-----					
	12th	Never	18%	11%	
		1 to 3 days	20%	25%	
		4 to 6 days	26%	25%	
		Everyday	36%	39%	
-----					
Sex	Female	Never	12%	11%	
		1 to 3 days	24%	27%	
		4 to 6 days	28%	24%	
		Everyday	36%	38%	
-----					
	Male	Never	13%	11%	
		1 to 3 days	22%	23%	
		4 to 6 days	22%	23%	
		Everyday	43%	43%	
-----					
Total		Never	12%	11%	
		1 to 3 days	23%	25%	
		4 to 6 days	25%	24%	
		Everyday	39%	40%	

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Lamoille	Vermont	Notes
Grade	9th	None	8%	9%	
		1 to 3 glasses	62%	60%	
		4+ glasses	30%	32%	
-----					
	10th	None	7%	8%	
		1 to 3 glasses	55%	58%	
		4+ glasses	38%	34%	
-----					
	11th	None	11%	8%	
		1 to 3 glasses	59%	60%	
		4+ glasses	30%	32%	
-----					
	12th	None	8%	9%	
		1 to 3 glasses	53%	57%	
		4+ glasses	39%	34%	
-----					
Sex	Female	None	7%	8%	
		1 to 3 glasses	62%	62%	
		4+ glasses	32%	31%	
-----					
	Male	None	10%	9%	
		1 to 3 glasses	54%	56%	
		4+ glasses	36%	35%	
-----					
Total	None		9%	9%	
	1 to 3 glasses		58%	59%	
	4+ glasses		34%	33%	

*6 Nutrition and Physical Activity***6.10 Amount of soda students drank during the past 7 days**

			Lamoille	Vermont	Notes
Grade	9th	None	30%	32%	
		At least once during the past week	56%	54%	
		At least once per day	14%	14%	
-----					
	10th	None	25%	33%	
		At least once during the past week	59%	53%	
		At least once per day	16%	14%	
-----					
	11th	None	30%	33%	
		At least once during the past week	49%	51%	
		At least once per day	21%	15%	
-----					
	12th	None	33%	36%	
		At least once during the past week	50%	49%	
		At least once per day	17%	15%	
-----					
Sex	Female	None	37%	42%	
		At least once during the past week	54%	48%	
		At least once per day	9%	9%	
-----					
	Male	None	23%	25%	
		At least once during the past week	53%	55%	
		At least once per day	24%	20%	
-----					
Total	None		30%	33%	
	At least once during the past week		54%	52%	
	At least once per day		17%	15%	

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Lamoille	Vermont	Notes
Grade	9th	None	25%	25%	
		At least once during the past week	58%	61%	
		At least once per day	17%	14%	
-----					
	10th	None	20%	25%	
		At least once during the past week	58%	59%	
		At least once per day	23%	15%	County statistically higher
-----					
	11th	None	23%	26%	
		At least once during the past week	54%	59%	
		At least once per day	23%	16%	County statistically higher
-----					
	12th	None	31%	29%	
		At least once during the past week	54%	57%	
		At least once per day	15%	15%	
-----					
Sex	Female	None	27%	30%	
		At least once during the past week	59%	59%	
		At least once per day	14%	11%	
-----					
	Male	None	22%	22%	
		At least once during the past week	54%	58%	
		At least once per day	24%	19%	
-----					
Total		None	24%	26%	
		At least once during the past week	57%	59%	
		At least once per day	19%	15%	County statistically higher

## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Lamoille	Vermont	Notes
Grade	9th	Mostly As or Bs	73%	76%	
		Mostly Cs	20%	13%	County statistically higher
		Mostly Ds or Fs	4%	4%	
		Other / Not sure	3%	7%	
-----					
	10th	Mostly As or Bs	72%	77%	
		Mostly Cs	16%	14%	
		Mostly Ds or Fs	.	4%	Too few students
		Other / Not sure	12%	5%	County statistically higher
-----					
	11th	Mostly As or Bs	76%	80%	
		Mostly Cs	16%	13%	
		Mostly Ds or Fs	4%	3%	
		Other / Not sure	3%	4%	
-----					
	12th	Mostly As or Bs	84%	83%	
		Mostly Cs	8%	11%	
		Mostly Ds or Fs	.	2%	Too few students
		Other / Not sure	6%	4%	
-----					
Sex	Female	Mostly As or Bs	79%	84%	County statistically lower
		Mostly Cs	16%	9%	County statistically higher
		Mostly Ds or Fs	2%	3%	
		Other / Not sure	3%	4%	
-----					
	Male	Mostly As or Bs	73%	74%	
		Mostly Cs	16%	16%	
		Mostly Ds or Fs	3%	4%	
		Other / Not sure	8%	6%	
-----					
Total		Mostly As or Bs	76%	79%	
		Mostly Cs	16%	13%	County statistically higher
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	6%	5%	

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Lamoille	Vermont	Notes
Grade	9th	0 hours	39%	32%	
		1 to 4 hours	25%	30%	
		5 to 9 hours	15%	17%	
		10 or more hours	20%	21%	
10th	10th	0 hours	34%	32%	
		1 to 4 hours	23%	28%	
		5 to 9 hours	17%	16%	
		10 or more hours	26%	24%	
11th	11th	0 hours	37%	32%	
		1 to 4 hours	23%	27%	
		5 to 9 hours	12%	16%	
		10 or more hours	28%	25%	
12th	12th	0 hours	41%	32%	
		1 to 4 hours	10%	26%	County statistically lower
		5 to 9 hours	16%	16%	
		10 or more hours	33%	27%	
Sex	Female	0 hours	33%	31%	
		1 to 4 hours	25%	29%	
		5 to 9 hours	15%	16%	
		10 or more hours	28%	24%	
Male	Male	0 hours	42%	33%	County statistically higher
		1 to 4 hours	18%	27%	County statistically lower
		5 to 9 hours	15%	16%	
		10 or more hours	25%	24%	
Total	Total	0 hours	38%	32%	County statistically higher
		1 to 4 hours	21%	28%	County statistically lower
		5 to 9 hours	15%	16%	
		10 or more hours	26%	24%	

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Lamoille	Vermont	Notes
Grade	9th	76%	78%	
	10th	68%	77%	County statistically lower
	11th	75%	77%	
	12th	65%	75%	County statistically lower
Sex	Female	70%	77%	County statistically lower
	Male	73%	76%	
Total		72%	76%	County statistically lower

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Lamoille	Vermont	Notes
Grade	9th	45%	49%	
	10th	52%	48%	
	11th	47%	50%	
	12th	53%	54%	
Sex	Female	45%	47%	
	Male	53%	54%	
Total		49%	50%	

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Lamoille	Vermont	Notes
Grade	9th	52%	59%	
	10th	57%	57%	
	11th	69%	64%	
	12th	68%	69%	
Sex	Female	61%	60%	
	Male	62%	64%	
Total		61%	62%	

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		<b>Lamoille</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	42%	50%	County statistically lower
	10th	40%	46%	
	11th	36%	46%	County statistically lower
	12th	45%	49%	
Sex	Female	41%	48%	County statistically lower
	Male	40%	48%	County statistically lower
Total		40%	48%	County statistically lower

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		<b>Lamoille</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	74%	75%	
	10th	73%	80%	
	11th	78%	83%	
	12th	76%	84%	
Sex	Female	79%	83%	
	Male	72%	78%	
Total		76%	80%	County statistically lower

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Lamoille County**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Lamoille**  
**Number of Middle School Students in Lamoille County**

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**Lamoille County Total**

559

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	2	0%
Female	267	47%
Male	290	51%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	3	0%
6th grade	112	20%
7th grade	220	39%
8th grade	224	40%

<b>Age</b>	<b>Total</b>	<b>%</b>
Missing	3	0%
11 years or younger	61	10%
12 years	178	31%
13 years	210	37%
14 years or older	107	19%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Missing	35	6%
Racial or ethnic minority	79	14%
White non-Hispanic	445	79%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Lamoille County. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*


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**Vermont**  
**Number of Middle School Students in Vermont**

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<b>Vermont Total</b>
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13648
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Sex	Total	%
Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Missing	926	6%
Racial or ethnic minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Lamoille	Vermont	Notes
Grade	6th	42%	42%	
	7th	45%	41%	
	8th	46%	44%	
Sex	Female	29%	28%	
	Male	59%	57%	
Total		45%	43%	

**1.02 Percent of students who were bullied at least once, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	22%	24%	
	7th	23%	25%	
	8th	27%	22%	
Sex	Female	33%	30%	
	Male	16%	18%	
Total		25%	24%	

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Lamoille	Vermont	Notes
Grade	6th	18%	21%	
	7th	25%	26%	
	8th	30%	28%	
Sex	Female	37%	36%	
	Male	15%	16%	
Total		26%	26%	

**1.04 Percent of students who were ever bullied at school**

		Lamoille	Vermont	Notes
Grade	6th	45%	46%	
	7th	50%	48%	
	8th	47%	45%	
Sex	Female	56%	53%	
	Male	41%	40%	
Total		48%	46%	

**1.05 Percent of students who bullied someone at least once, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	8%	8%	
	7th	13%	9%	
	8th	12%	11%	
Sex	Female	13%	10%	
	Male	10%	9%	
Total		12%	10%	

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	11%	8%	
	7th	9%	7%	
	8th	11%	7%	County statistically higher
Sex	Female	14%	9%	County statistically higher
	Male	6%	6%	
Total		10%	7%	County statistically higher

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		Lamoille	Vermont	Notes
Grade	6th	14%	17%	
	7th	21%	19%	
	8th	24%	22%	
Sex	Female	27%	27%	
	Male	15%	13%	
Total		21%	20%	

**1.08 Percent of students who ever seriously thought about suicide**

		Lamoille	Vermont	Notes
Grade	6th	12%	14%	
	7th	18%	16%	
	8th	20%	22%	
Sex	Female	23%	23%	
	Male	12%	12%	
Total		18%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Lamoille	Vermont	Notes
Grade	6th	8%	9%	
	7th	12%	11%	
	8th	18%	15%	
Sex	Female	19%	16%	
	Male	9%	8%	
Total		14%	12%	

**1.10 Percent of students who ever attempted suicide**

		Lamoille	Vermont	Notes
Grade	6th	5%	5%	
	7th	5%	5%	
	8th	9%	8%	
Sex	Female	9%	8%	
	Male	4%	3%	
Total		6%	6%	

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		Lamoille	Vermont	Notes
Grade	6th	57%	51%	
	7th	49%	55%	
	8th	59%	56%	
Sex	Female	58%	58%	
	Male	52%	51%	
Total		55%	54%	

1 Personal Safety

1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

			Lamoille	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	14%	26%	County statistically lower
		Sometimes wear a helmet	8%	15%	
		Most of the time / always wear a helmet	78%	59%	County statistically higher
-----					
	7th	Never / rarely wear a helmet	34%	31%	
		Sometimes wear a helmet	18%	16%	
		Most of the time / always wear a helmet	48%	52%	
-----					
	8th	Never / rarely wear a helmet	40%	41%	
		Sometimes wear a helmet	17%	15%	
		Most of the time / always wear a helmet	43%	43%	
-----					
Sex	Female	Never / rarely wear a helmet	32%	31%	
		Sometimes wear a helmet	17%	17%	
		Most of the time / always wear a helmet	50%	52%	
-----					
	Male	Never / rarely wear a helmet	33%	36%	
		Sometimes wear a helmet	14%	14%	
		Most of the time / always wear a helmet	53%	49%	
-----					
Total	Never / rarely wear a helmet		33%	34%	
	Sometimes wear a helmet		16%	16%	
	Most of the time / always wear a helmet		52%	51%	

1 Personal Safety

**1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Lamoille	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	11%	31%	County statistically lower
		Sometimes wear a helmet	.	11%	Too few students
		Most of the time / always wear a helmet	82%	58%	County statistically higher
<hr/>					
	7th	Never / rarely wear a helmet	30%	42%	County statistically lower
		Sometimes wear a helmet	14%	13%	
		Most of the time / always wear a helmet	56%	45%	County statistically higher
<hr/>					
	8th	Never / rarely wear a helmet	41%	52%	
		Sometimes wear a helmet	15%	12%	
		Most of the time / always wear a helmet	44%	36%	
<hr/>					
Sex	Female	Never / rarely wear a helmet	31%	45%	County statistically lower
		Sometimes wear a helmet	13%	13%	
		Most of the time / always wear a helmet	57%	43%	County statistically higher
<hr/>					
	Male	Never / rarely wear a helmet	28%	41%	County statistically lower
		Sometimes wear a helmet	13%	12%	
		Most of the time / always wear a helmet	59%	47%	County statistically higher
<hr/>					
Total		Never / rarely wear a helmet	30%	43%	County statistically lower
		Sometimes wear a helmet	13%	12%	
		Most of the time / always wear a helmet	58%	45%	County statistically higher

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Lamoille	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	.	3%	
	8th	4%	4%	
Sex	Female	2%	2%	
	Male	2%	3%	
Total		2%	3%	

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		Lamoille	Vermont	Notes
Grade	6th	15%	15%	County statistically higher
	7th	26%	19%	
	8th	23%	25%	
Sex	Female	24%	21%	
	Male	21%	19%	
Total		23%	20%	

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Lamoille	Vermont	Notes
Grade	6th	9%	10%	County statistically higher
	7th	20%	15%	
	8th	24%	24%	
Sex	Female	17%	16%	
	Male	22%	18%	
Total		20%	17%	

**2.02 Percent of students who drank alcohol other than a few sips before age 11**

		Lamoille	Vermont	Notes
Grade	6th	7%	7%	
	7th	9%	6%	
	8th	6%	6%	
Sex	Female	4%	5%	
	Male	11%	8%	
Total		8%	6%	

**2.03 Percent of students who drank any alcohol, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	6%	5%	
	8th	9%	10%	
Sex	Female	5%	6%	
	Male	8%	7%	
Total		6%	6%	

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	3%	4%	
Sex	Female	.	2%	Too few students
	Male	.	2%	Too few students
Total		1%	2%	

**2.05 Percent of students who ever tried cigarette smoking, even one or two puffs**

		Lamoille	Vermont	Notes
Grade	6th	.	4%	Too few students
	7th	10%	7%	
	8th	12%	13%	
Sex	Female	9%	9%	
	Male	9%	9%	
Total		9%	9%	

**2.06 Percent of students who ever smoked a whole cigarette**

		Lamoille	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	6%	4%	
	8th	9%	8%	
Sex	Female	7%	5%	
	Male	6%	5%	
Total		7%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	3%	2%	
Sex	Female	.	1%	Too few students
	Male	3%	2%	
Total		2%	1%	

**2.08 Percent of students who smoked cigarettes, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	3%	3%	
Sex	Female	2%	2%	
	Male	.	2%	Too few students
Total		2%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.9 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Lamoille	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	5%	6%	
	8th	8%	11%	
Sex	Female	5%	7%	
	Male	6%	7%	
Total		5%	7%	

**2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	2%	Too few students
	8th	2%	5%	
Sex	Female	.	3%	Too few students
	Male	.	3%	Too few students
Total		1%	3%	County statistically lower

**2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	3%	Too few students
Sex	Female	.	1%	Too few students
	Male	2%	3%	
Total		1%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		.	2%	Too few students

**2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	2%	3%	
	8th	5%	6%	
Sex	Female	3%	3%	
	Male	3%	4%	
Total		3%	4%	

**2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	3%	4%	
	8th	6%	8%	
Sex	Female	3%	5%	
	Male	4%	6%	
Total		4%	5%	

2 Alcohol, Tobacco, and Other Drug Use

**2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Lamoille	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

**2.16 Percent of students who have ever used marijuana**

		Lamoille	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	6%	5%	
	8th	13%	11%	
Sex	Female	9%	6%	
	Male	7%	7%	
Total		8%	7%	

**2.17 Percent of students who used marijuana by age 11**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	.	2%	Too few students
Sex	Female	.	1%	Too few students
	Male	.	2%	Too few students
Total		1%	1%	

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Lamoille	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	3%	
	8th	6%	6%	
Sex	Female	3%	3%	
	Male	3%	4%	
Total		3%	4%	

**2.19 Percent of students who have ever used inhalants**

		Lamoille	Vermont	Notes
Grade	6th	4%	5%	
	7th	5%	4%	
	8th	4%	6%	
Sex	Female	5%	5%	
	Male	5%	5%	
Total		5%	5%	

**2.20 Percent of students who ever took a prescription drug without a doctor's prescription**

		Lamoille	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	2%	3%	
	8th	2%	4%	
Sex	Female	3%	3%	
	Male	2%	3%	
Total		2%	3%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days**

		Lamoille	Vermont	Notes
Grade	6th	17%	24%	
	7th	34%	28%	
	8th	28%	31%	
Sex	Female	28%	29%	
	Male	29%	27%	
Total		28%	28%	

**3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days**

		Lamoille	Vermont	Notes
Grade	6th	11%	17%	
	7th	26%	20%	County statistically higher
	8th	24%	23%	
Sex	Female	21%	22%	
	Male	24%	19%	
Total		22%	21%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations**

		Lamoille	Vermont	Notes
Grade	6th	49%	47%	
	7th	57%	52%	
	8th	57%	55%	
Sex	Female	53%	52%	
	Male	57%	52%	
Total		55%	52%	

**3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional**

		Lamoille	Vermont	Notes
Grade	6th	9%	15%	
	7th	19%	26%	County statistically lower
	8th	31%	35%	
Sex	Female	21%	28%	County statistically lower
	Male	23%	26%	
Total		22%	27%	County statistically lower

**3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes**

	Lamoille	Vermont	Notes
15 or less students	17%	16%	
16 to 25 students	23%	25%	
26 to 45 students	22%	24%	
46 to 55 students	17%	16%	
56 to 75 students	11%	9%	
76 or more students	10%	10%	

*3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use* \_\_\_\_\_

**3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes**

		Lamoille	Vermont	Notes
Grade	6th	97%	96%	
	7th	98%	96%	
	8th	96%	96%	
Sex	Female	97%	97%	
	Male	97%	96%	
Total		97%	96%	

**3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol**

		Lamoille	Vermont	Notes
Grade	6th	91%	92%	
	7th	91%	92%	
	8th	92%	90%	
Sex	Female	93%	93%	
	Male	90%	90%	
Total		91%	91%	

**3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana**

		Lamoille	Vermont	Notes
Grade	6th	95%	96%	
	7th	95%	95%	
	8th	91%	92%	
Sex	Female	94%	94%	
	Male	92%	94%	
Total		93%	94%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes

		Lamoille	Vermont	Notes
Grade	6th	96%	97%	
	7th	97%	95%	
	8th	94%	92%	
Sex	Female	95%	95%	
	Male	95%	94%	
Total		95%	94%	

#### 3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol

		Lamoille	Vermont	Notes
Grade	6th	92%	94%	
	7th	89%	90%	
	8th	79%	83%	
Sex	Female	86%	90%	
	Male	84%	87%	
Total		85%	88%	County statistically lower

#### 3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana

		Lamoille	Vermont	Notes
Grade	6th	96%	97%	
	7th	90%	92%	
	8th	79%	83%	
Sex	Female	88%	91%	
	Male	86%	89%	
Total		87%	90%	County statistically lower

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day**

		Lamoille	Vermont	Notes
Grade	6th	71%	70%	
	7th	76%	72%	
	8th	75%	72%	
Sex	Female	72%	71%	
	Male	77%	72%	
Total		74%	71%	

**3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend**

		Lamoille	Vermont	Notes
Grade	6th	48%	49%	
	7th	55%	49%	
	8th	48%	46%	
Sex	Female	56%	49%	County statistically higher
	Male	46%	46%	
Total		51%	48%	

**3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly**

		Lamoille	Vermont	Notes
Grade	6th	69%	67%	
	7th	61%	61%	
	8th	49%	51%	
Sex	Female	61%	60%	
	Male	55%	58%	
Total		58%	59%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Lamoille	Vermont	Notes
Grade	6th	18%	18%	
	7th	27%	24%	
	8th	33%	34%	
Sex	Female	29%	25%	
	Male	27%	29%	
Total		28%	27%	

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Lamoille	Vermont	Notes
Grade	6th	26%	24%	
	7th	36%	33%	
	8th	49%	46%	
Sex	Female	36%	35%	
	Male	42%	37%	
Total		39%	36%	

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Lamoille	Vermont	Notes
Grade	6th	5%	6%	
	7th	14%	12%	
	8th	20%	22%	
Sex	Female	14%	13%	
	Male	16%	16%	
Total		15%	14%	

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Lamoille	Vermont	Notes
Grade	6th	.	3%	Too few students
	7th	4%	4%	
	8th	8%	8%	
Sex	Female	4%	4%	
	Male	6%	7%	
Total		5%	6%	

**4.02 Percent of students who have ever had oral sex**

		Lamoille	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	3%	3%	
	8th	9%	9%	
Sex	Female	3%	5%	
	Male	7%	6%	
Total		5%	5%	

*5 Nutrition and Physical Activity***5.01 Number of times during the past 7 days students ate breakfast**

			Lamoille	Vermont	Notes
Grade	6th	Never	6%	4%	
		1 to 3 times	9%	13%	
		4 to 6 times	20%	22%	
		Everyday	65%	61%	
-----					
	7th	Never	6%	7%	
		1 to 3 times	18%	16%	
		4 to 6 times	23%	25%	
		Everyday	53%	51%	
-----					
	8th	Never	6%	8%	
		1 to 3 times	19%	20%	
		4 to 6 times	29%	25%	
		Everyday	46%	48%	
-----					
Sex	Female	Never	8%	8%	
		1 to 3 times	19%	21%	
		4 to 6 times	31%	26%	
		Everyday	42%	45%	
-----					
	Male	Never	4%	6%	
		1 to 3 times	15%	13%	
		4 to 6 times	19%	23%	
		Everyday	61%	59%	
-----					
Total	Never		6%	7%	
	1 to 3 times		17%	17%	
	4 to 6 times		25%	24%	
	Everyday		52%	52%	

5 Nutrition and Physical Activity

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**5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		Lamoille	Vermont	Notes
Grade	6th	43%	45%	
	7th	45%	41%	
	8th	36%	39%	
Sex	Female	38%	38%	
	Male	42%	44%	
Total		41%	41%	

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Lamoille	Vermont	Notes
Grade	6th	Never	8%	8%	
		1 to 4 days	24%	32%	
		5 to 6 days	33%	27%	
		Everyday	35%	33%	
<hr/>					
	7th	Never	3%	7%	County statistically lower
		1 to 4 days	36%	34%	
		5 to 6 days	29%	28%	
		Everyday	32%	31%	
<hr/>					
	8th	Never	9%	8%	
		1 to 4 days	38%	36%	
		5 to 6 days	29%	27%	
		Everyday	24%	29%	
<hr/>					
Sex	Female	Never	8%	8%	
		1 to 4 days	41%	39%	
		5 to 6 days	29%	30%	
		Everyday	23%	23%	
<hr/>					
	Male	Never	5%	8%	
		1 to 4 days	29%	29%	
		5 to 6 days	30%	25%	
		Everyday	36%	38%	
<hr/>					
Total	Never		6%	8%	
	1 to 4 days		35%	34%	
	5 to 6 days		29%	27%	
	Everyday		30%	31%	

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Lamoille	Vermont	Notes
Grade	6th	0 days	7%	18%	County statistically lower
		1 to 2 days	6%	15%	County statistically lower
		3 to 4 days	41%	19%	County statistically higher
		Everyday	46%	48%	
-----					
	7th	0 days	8%	30%	County statistically lower
		1 to 2 days	12%	17%	County statistically lower
		3 to 4 days	32%	17%	County statistically higher
		Everyday	48%	36%	County statistically higher
-----					
	8th	0 days	6%	33%	County statistically lower
		1 to 2 days	13%	16%	
		3 to 4 days	35%	16%	County statistically higher
		Everyday	46%	35%	County statistically higher
-----					
Sex	Female	0 days	8%	28%	County statistically lower
		1 to 2 days	13%	18%	
		3 to 4 days	36%	17%	County statistically higher
		Everyday	42%	38%	
-----					
	Male	0 days	7%	28%	County statistically lower
		1 to 2 days	10%	15%	County statistically lower
		3 to 4 days	34%	17%	County statistically higher
		Everyday	50%	40%	County statistically higher
-----					
Total		0 days	7%	28%	County statistically lower
		1 to 2 days	11%	16%	County statistically lower
		3 to 4 days	35%	17%	County statistically higher
		Everyday	47%	39%	County statistically higher

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Lamoille	Vermont	Notes
Grade	6th	1 hour or less per day	78%	60%	County statistically higher
		2 to 4 hours per day	22%	34%	County statistically lower
		5 or more hours per day	.	6%	Too few students
-----					
	7th	1 hour or less per day	56%	57%	
		2 to 4 hours per day	39%	37%	
		5 or more hours per day	6%	6%	
-----					
	8th	1 hour or less per day	55%	57%	
		2 to 4 hours per day	40%	37%	
		5 or more hours per day	5%	7%	
-----					
Sex	Female	1 hour or less per day	62%	57%	
		2 to 4 hours per day	35%	37%	
		5 or more hours per day	4%	6%	
-----					
	Male	1 hour or less per day	57%	58%	
		2 to 4 hours per day	38%	35%	
		5 or more hours per day	5%	7%	
-----					
Total	1 hour or less per day		59%	58%	
	2 to 4 hours per day		36%	36%	
	5 or more hours per day		4%	6%	

*5 Nutrition and Physical Activity***5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Lamoille	Vermont	Notes
Grade	6th	1 hour or less per day	65%	55%	County statistically higher
		2 to 4 hours per day	26%	33%	
		5 or more hours per day	9%	12%	
-----					
	7th	1 hour or less per day	44%	46%	
		2 to 4 hours per day	43%	40%	
		5 or more hours per day	13%	14%	
-----					
	8th	1 hour or less per day	39%	40%	
		2 to 4 hours per day	44%	41%	
		5 or more hours per day	17%	19%	
-----					
Sex	Female	1 hour or less per day	50%	48%	
		2 to 4 hours per day	35%	37%	
		5 or more hours per day	15%	15%	
-----					
	Male	1 hour or less per day	43%	44%	
		2 to 4 hours per day	45%	41%	
		5 or more hours per day	13%	15%	
-----					
Total	1 hour or less per day		46%	46%	
	2 to 4 hours per day		40%	39%	
	5 or more hours per day		14%	15%	

*5 Nutrition and Physical Activity***5.07 Number of days in the average week students went online for something not school-related**

			Lamoille	Vermont	Notes
Grade	6th	Never	17%	22%	
		1 to 5 days	48%	45%	
		At least six days	35%	33%	
-----					
	7th	Never	16%	16%	
		1 to 5 days	43%	41%	
		At least six days	42%	42%	
-----					
	8th	Never	8%	11%	
		1 to 5 days	36%	34%	
		At least six days	56%	55%	
-----					
Sex	Female	Never	11%	13%	
		1 to 5 days	43%	41%	
		At least six days	46%	46%	
-----					
	Male	Never	14%	18%	
		1 to 5 days	39%	38%	
		At least six days	46%	44%	
-----					
Total	Never		13%	15%	
	1 to 5 days		41%	39%	
	At least six days		46%	45%	

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Lamoille	Vermont	Notes
Grade	6th	84%	81%	
	7th	77%	80%	
	8th	82%	78%	
Sex	Female	78%	80%	
	Male	82%	79%	
Total		80%	79%	

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		Lamoille	Vermont	Notes
Grade	6th	62%	60%	
	7th	55%	56%	
	8th	49%	51%	
Sex	Female	50%	50%	
	Male	58%	59%	
Total		54%	55%	

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Lamoille	Vermont	Notes
Grade	6th	74%	69%	
	7th	68%	62%	
	8th	65%	59%	
Sex	Female	68%	62%	County statistically higher
	Male	68%	64%	
Total		68%	63%	County statistically higher

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		Lamoille	Vermont	Notes
Grade	6th	44%	45%	
	7th	49%	44%	
	8th	47%	39%	County statistically higher
Sex	Female	49%	42%	County statistically higher
	Male	46%	43%	
Total		47%	43%	County statistically higher