

# **2015 Vermont Youth Risk Behavior Survey Report**

## **Report for Franklin County**

### **Survey Format in 2015**

In 2015, we conducted two surveys: a high school survey of students in grades 9 through 12, and a middle school survey of students in grades 6 through 8.

Results in this report include high school and middle school results for Vermont and for Franklin County. All results in the 2015 high school section are for grades 9 through 12 only, and the middle school section are for grades 6 through 8 only.

The middle school and high school surveys differed slightly. The shorter middle school survey included questions on fighting, bullying, suicidality, substance use, attitudes and perceptions about substance use, body image, physical activity, and youth assets. The high school survey included questions on these topics as well as self-reported height and weight, driving behaviors, other drug use, sexual behavior and orientation, and nutrition.

Copies of both surveys can be found online at: <http://healthvermont.gov/research/yrbs.aspx> Copies of the full state reports, highlights, and additional sub state reports can also be found here.

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

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## How to Use the YRBS

The YRBS can detect changes in risk behaviors over time and identify differences among ages, grades, and genders. With these data, we can focus prevention efforts and determine whether school policies and community programs are having the intended effect on student behaviors.

Think of the YRBS as a tool for starting discussions, for educating the community, for planning and evaluating programs, and for comparing Vermont students with other students nationwide.

- **Start the Conversation:** Use the YRBS to begin a conversation with teens about the personal choices they make or about the health of their community. Ask them if the results accurately reflect what they see happening around them. How do they explain the results? From their perspective, what is or is not working? How would they promote healthy behaviors?
- **Increase Awareness:** The YRBS provides an opportunity to break through “denial” and make community members aware of the risks that their young people face. It can also dispel myths and correct misinformation about the “average teenager.” The YRBS can accentuate the positive and celebrate the fact that many students are abstaining from behaviors that endanger their health and their ability to succeed.
- **Plan and Evaluate Programs:** The YRBS can serve as the basis of a community needs assessment. It can help identify strengths and weaknesses in communities, and can inform strategies to address those weaknesses.
- **Remember to Look at the Positive Side:** In most cases, the majority of adolescents are NOT engaging in risky behaviors. Although most of the charts examine the prevalence of risk behaviors, please do not forget about the percentage of adolescents who are NOT engaging in these behaviors.

Note: “Getting to ‘Y’”, a program originally funded by the Agency of Education, provides a manual for student groups looking to analyze and leverage their own YRBS data – it can be found here: <http://www.upforlearning.com/index.php/yatst>.

## **How to Read this YRBS Report**

**Format:** The results appear in data tables, with an overall average, by grade and by gender. The percentages in some charts may not total 100% due to rounding.

**Weighting:** The results in this report are weighted by gender, grade, and race/ethnicity in order to compensate for absenteeism and incomplete surveys. The weighting allows the results to be fully representative of public students in grades six through eight (middle school survey) and grades nine through twelve (high school survey). This permits us to draw inferences about the school-based student population in Vermont.

In 2015, there was a methodology change in the weighting procedure. From 1993 through 2011, statewide reports included numbers based on a weighted sample of schools, and local-level reports included unweighted numbers. In 2013, due to the high participation from Vermont schools, the switch was made to use all of the student responses in the statewide report, instead of a sample. This allows for direct comparison between county estimates and the statewide estimates, as well as ensure that the estimates are more accurate. You can still compare the local-level report numbers to previous local-level years.

**Statistical Comparisons:** We note significant differences in the far right column on each table labeled “Notes.” For the 2015 results, we compared the 95 percent confidence intervals separately by grade, gender and year to determine if the percentages for each county were statistically different from the state. If the confidence intervals overlapped, the percentages were not different. In every table it is noted whether this county is statistically different from the state average. However, we encourage you to consider meaningful difference: does the disparity merit a targeted intervention, show a real change in health, or otherwise mean something important to the community (statistics aside).

In some cases there were not enough students responding to report an estimate. In those cases there is a dot (.) and the “Notes” column will read “Too few students.” We limit reportable estimates to a total numerator of 5 students and denominator of 50 students.

## **A Word of Caution**

The YRBS represents the most complete and most recent information available about risk behaviors among Vermont students. However, the YRBS has some limitations that you should keep in mind when interpreting the results.

- **Data Quality:** We take numerous precautions to ensure the reliability and validity of the results. The Centers for Disease Control and Prevention (CDC) carefully designed and thoroughly tested the questionnaire. The anonymous survey encourages students to be honest and forthright. The CDC runs over 100 consistency checks on the data to exclude careless, invalid, or logically inconsistent answers. We statistically adjust, or weight, the results so that the responses accurately represent all Vermont public school students based on gender, grade, and race/ethnicity. These precautions can reduce some sources of error, but not all.
- **Who's Not Included:** Administrators make every effort to have all students complete the YRBS. However, students who are not at school the day of the survey are not included in the results. Additionally, students who are home schooled, attend independent schools that chose not to participate, or dropped out of school are not included.
- **Comparing Supervisory Unions/School Districts to Each Other and to the State:** Participating supervisory unions and school districts receive reports of their results comparing them directly to the state. It is natural to also want to know how individual supervisory unions or school districts compare to each other, but we urge caution in making such comparisons because the reasons for the differences may not be simple or easy to identify.
- **What, not Why:** The YRBS can indicate what students are doing. It can also suggest which groups of students are more likely to engage in these behaviors. However, the survey does not answer why they are doing it. We encourage students to analyze their own data and offer insight into the results.

## Personal Safety

Feeling safe – whether at school, in a car, or in a relationship – fosters positive adolescent development. The high school and middle school surveys included questions on fighting, bullying, seat belt use, safety at school, helmet use, and suicidality. The high school survey included additional questions on driving behaviors, dating violence, and self-harm.

- Physical fighting is a marker for problem behaviors<sup>1</sup> and is associated with serious injury.<sup>2,3</sup> Abuse by an intimate partner and forced sex are associated with negative psychosocial outcomes, poor mental health outcomes, and other risk behaviors among both males and females.<sup>4,5,6</sup>
- Both being a bully and being victimized by bullies have been increasingly recognized as health problems for children because of their association with a range of problems, including poor psychological adjustment,<sup>7,8</sup> poor academic achievement,<sup>8</sup> and violent behavior.<sup>9</sup>
- Motor vehicle crash injuries are the leading cause of death among youth ages 15 to 19 in the U.S.<sup>10</sup> Proper use of safety belts reduces the risk of fatal injury to front seat passengers by 45% and risk of moderate to critical injury by 50%.<sup>11</sup>
- Bicycle helmets are 85% to 88% effective at reducing the impact of head and brain injuries due to bicycle crashes.<sup>12</sup> Despite this, less than one quarter of bicyclists wear helmets.<sup>12</sup>
- In 2011, alcohol use was associated with nearly four in ten motor vehicle-related fatalities nationwide and in Vermont.<sup>13</sup> Additionally, research examining drugs other than alcohol indicates that marijuana is the most prevalent drug detected in impaired drivers, fatally injured drivers, and motor vehicle crash victims nationwide.<sup>14</sup>

## Alcohol, Tobacco and Other Drugs

Early use of alcohol, tobacco, and other drugs is associated with myriad problems later in life. The high school and middle school surveys asked about tobacco, alcohol, marijuana, inhalant, and prescription drug use. Both surveys also asked the age at which students first used alcohol, cigarettes, and marijuana. The high school survey asked additional questions on other drug use, such as heroin, methamphetamines, and hallucinogens. Both surveys asked about ease of availability of alcohol, cigarettes, and marijuana, peer disapproval of use of these substances, perceived parental disapproval of use, and the risk of harm associated with use of these substances.

- Alcohol use is a major contributing factor in about half of all homicides and sexual assaults,<sup>15</sup> and about one-third of all motor vehicle crash fatalities.<sup>16</sup> Heavy drinking among youth has been linked to violence, academic and job problems, suicidal behavior, trouble with law enforcement authorities, risky sexual behavior, and use of cigarettes, marijuana, cocaine, and other illegal drugs.<sup>17,18</sup>
- Tobacco use is the single most preventable cause of death in the United States,<sup>19</sup> contributing to more than one in five deaths.<sup>20</sup> Cigarette smoking increases the risk of heart disease, chronic obstructive pulmonary disease, acute respiratory illness, stroke, and cancers of the lung, larynx, oral cavity, pharynx, pancreas, and cervix.<sup>19</sup>
- Marijuana use is associated with smoking-related respiratory damage, temporary short-term memory loss, decreased motivation, and psychological dependence.<sup>21</sup> Other reactions include feelings of distrust, anxiety, or depression.<sup>21</sup> In Vermont, more teens enter treatment with a primary diagnosis for marijuana dependence than all other illicit drugs combined.<sup>22</sup>
- Other drug use is related to suicide, early unwanted pregnancy, school failure, delinquency, and transmission of sexually transmitted diseases (STDs), including HIV infection.<sup>23</sup>
- Multi-year results from the Monitoring the Future survey indicate that the prevalence of marijuana use among youth declines as the percentage of youth expressing disapproval of marijuana increases.<sup>24</sup> As perception of harm of using alcohol and other drugs decreases, there is a tendency for use to increase.<sup>24</sup> Increased use is also associated with the perception that substances are readily available, regardless of whether the perception is accurate.<sup>24</sup>

## **Sexual Behavior and Orientation**

Experimentation with sexual behaviors and orientation often starts during adolescence. The high school survey asked about age of first sexual intercourse, frequency, sexual partners, sexual orientation, alcohol and drug use related to sexual intercourse, contraceptive use, and HIV testing.

- Early sexual activity and having multiple sexual partners are associated with an increased risk of unwanted pregnancy, sexually transmitted diseases (STDs) including HIV infection,<sup>25</sup> and negative effects on social and psychological development.<sup>26</sup> Alcohol and drug use may serve as predisposing factors for initiation of sexual activity.<sup>27</sup>
- Of the nearly 19 million new cases of STDs per year in the United States, almost half are among youth ages 15-24.<sup>28</sup> STDs may result in infertility and facilitation of HIV transmission and may have an adverse effect on pregnancy outcomes and maternal and child health.<sup>26</sup> Besides abstinence, condom use is currently the most effective means of preventing sexual transmission of HIV and other STDs.<sup>29</sup>
- Although many lesbian, gay, bisexual, and transgender adolescents lead happy and healthy lives, others face tremendous challenges to growing up physically and mentally healthy. Compared to heterosexual youth, lesbian, gay, bisexual, and transgender youth are at higher risk for depression, tobacco, alcohol and other drug use, suicide, and unhealthy sexual behaviors.<sup>30</sup>

## **Body Image**

Negative feelings about weight and body image often develop in adolescence. The high school and middle school surveys included questions about weight perception and weight control. The high school survey asked for students' height and weight to calculate body mass index.

- There are more than three times as many overweight children and adolescents in the U.S. than there were in 1980.<sup>31</sup> Obesity during childhood and adolescence is associated with negative psychological and social consequences and adverse health outcomes, including type 2 diabetes, obstructive sleep apnea, hypertension, dyslipidemia, and metabolic syndrome.<sup>32</sup> Overweight and obesity acquired during childhood or adolescence may persist into adulthood.<sup>33</sup> Approximately 400,000 deaths a year in the United States are currently associated with overweight and obesity.<sup>20</sup>

## Nutrition and Physical Activity

Nutritious eating and physical activity are two cornerstones of healthy adolescent development. The high school and middle school surveys asked about breakfast consumption, physical activity, physical education classes, and television, computer, and video game use. The high school survey also asked about consumption of fruits, vegetables, soda, and sugar-sweetened beverages.

- Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances that are important for good health. Dietary patterns with higher intakes of fruits and vegetables are associated with a variety of health benefits, including a decreased risk for some types of cancer.<sup>39-43</sup>
- In recent years, soft drink consumption has significantly increased among children and adolescents. Consumption of sugar-sweetened drinks, including soft drinks, appears to be associated with an increased risk for being overweight in children.<sup>44-45</sup>
- Regular physical activity builds and maintains healthy bones and muscles, controls weight, builds lean muscle, reduces fat, reduces feelings of depression and anxiety. It also decreases the risk of dying prematurely, dying of heart disease, and developing diabetes, colon cancer, and high blood pressure.<sup>46</sup> The U.S. Department of Health and Human Services recommends that young people ages 6–17 participate in at least 60 minutes of physical activity every day.<sup>46</sup>
- By 12th grade, more than half of female students in the U.S. do not participate in vigorous physical activity regularly. School physical education classes can increase adolescent participation in physical activity and help adolescents develop the knowledge, attitudes, and skills they need to engage in lifelong physical activity.<sup>47-50</sup>
- Television viewing is the principal sedentary leisure time behavior in the U.S. Studies have shown that television viewing in young people is related to obesity<sup>51</sup> and violent or aggressive behavior.<sup>52-54</sup> Using the computer for fun and playing video games have become increasingly common sedentary leisure time activities among young people as well.

## Measures of Youth Assets

Adolescent achievement requires sources of positive influence. The high school and middle school surveys asked about school and community connectivity as well as parental conversations about school. The high school survey asked additional questions about volunteerism and grades earned in school.

- Above-average school performance is one of many developmental assets, or factors promoting positive development. Studies have shown that students who get higher grades in school are less likely to use cigarettes, alcohol, or marijuana, and are more likely to postpone sexual intercourse.<sup>55</sup>
- One of the strongest predictors of students' success in school is the extent to which their parents stay involved with their schoolwork.<sup>56</sup> A national study of adolescent health found that youth who reported a "connectedness" to their parents/family and school were the least likely to engage in risky behaviors.<sup>57</sup> Parental expectations regarding school achievement were also associated with lower levels of risk behaviors.<sup>57</sup>
- Research shows that involvement in constructive, supervised extracurricular activities is associated with reduced likelihood of involvement in risky behaviors such as school failure, drug use, and delinquency.<sup>58</sup> In addition, evidence is emerging that students who participate in such activities are also more likely to engage in other "thriving" behaviors.<sup>59</sup>
- Youth are not simply objects of adult efforts to modify their behaviors. Rather, if given the opportunities, they can make significant contributions to their families, schools, and communities. Adolescents, especially, need to exercise decision-making power in as many settings as is practical, so that they can develop into competent adults. Schools are a natural setting for youth to share in decisions that affect their lives.

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## **2015 Vermont Youth Risk Behavior Survey Report**

### **High School Report for Franklin County**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Franklin**  
**Number of Students in Franklin County**

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**Franklin County Total**

1607

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<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	18	1%
Female	807	50%
Male	782	48%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	10	0%
9th grade	406	25%
10th grade	421	26%
11th grade	399	24%
12th grade	371	23%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Missing	33	2%
Racial or ethnic minority	210	13%
White non-Hispanic	1364	84%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Missing	8	0%
High school or less	528	32%
Some college	268	16%
College graduate	507	31%
Graduate or professional degree after college	164	10%
Not sure	132	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Franklin County.

*Demographics*


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**Vermont**  
**Number of Students in Vermont**

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<b>Vermont Total</b>
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21013
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<b>Sex</b>	<b>Total</b>	<b>%</b>
Missing	294	1%
Female	10243	48%
Male	10476	49%

<b>Grade</b>	<b>Total</b>	<b>%</b>
Missing	297	1%
9th grade	5627	26%
10th grade	5586	26%
11th grade	5171	24%
12th grade	4332	20%

<b>Race / Ethnicity</b>	<b>Total</b>	<b>%</b>
Missing	611	2%
Racial or ethnic minority	3197	15%
White non-Hispanic	17205	81%

<b>Mother's Level of Education</b>	<b>Total</b>	<b>%</b>
Missing	176	0%
High school or less	5495	26%
Some college	2746	13%
College graduate	6905	32%
Graduate or professional degree after college	3825	18%
Not sure	1866	8%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who were in a physical fight, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	21%	22%	
	10th	19%	20%	
	11th	20%	17%	
	12th	16%	14%	
Sex	Female	13%	12%	
	Male	25%	24%	
Total		19%	18%	

**1.02 Percent of students who were in a physical fight on school property, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	10%	10%	
	10th	8%	8%	
	11th	8%	6%	
	12th	5%	5%	
Sex	Female	5%	4%	
	Male	10%	10%	
Total		8%	7%	

**1.03 Percent of students who were threatened or injured with a weapon on school property, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	6%	6%	
	10th	7%	6%	
	11th	5%	4%	
	12th	3%	4%	
Sex	Female	4%	4%	
	Male	6%	6%	
Total		5%	5%	

*1 Personal Safety***1.04 Percent of students who carried a weapon such as a gun, knife, or club on school property, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	7%	6%	
	10th	8%	7%	
	11th	9%	9%	
	12th	8%	8%	
Sex	Female	3%	4%	
	Male	13%	11%	
Total		9%	8%	

**1.05 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	5%	7%	
	10th	7%	6%	
	11th	6%	5%	
	12th	5%	5%	
Sex	Female	7%	7%	
	Male	5%	4%	
Total		6%	6%	

*1 Personal Safety***1.06 Percent of students who reported being bullied, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	27%	23%	
	10th	22%	18%	
	11th	23%	16%	County statistically higher
	12th	18%	14%	
Sex	Female	30%	23%	County statistically higher
	Male	14%	12%	
Total		22%	18%	County statistically higher

**1.07 Percent of students who reported being electronically bullied, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	22%	20%	
	10th	23%	17%	County statistically higher
	11th	20%	16%	County statistically higher
	12th	19%	13%	County statistically higher
Sex	Female	30%	23%	County statistically higher
	Male	11%	10%	
Total		21%	16%	County statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight, or when teasing is done in a friendly way. Electronic bullying includes through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.08 Percent of students who bullied someone else, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	17%	13%	County statistically higher
	10th	11%	11%	
	11th	15%	11%	County statistically higher
	12th	13%	10%	
Sex	Female	16%	11%	County statistically higher
	Male	12%	12%	
Total		15%	11%	County statistically higher

**1.09 Percent of students who purposefully hurt themselves without wanting to die, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	18%	20%	
	10th	21%	19%	
	11th	20%	17%	
	12th	15%	14%	
Sex	Female	27%	26%	
	Male	9%	9%	
Total		18%	17%	

**1.10 Percent of students who felt sad or hopeless for two weeks in a row, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	23%	24%	
	10th	25%	26%	
	11th	24%	24%	
	12th	25%	24%	
Sex	Female	36%	34%	
	Male	13%	15%	
Total		25%	24%	

*1 Personal Safety***1.11 Percent of students who made a suicide plan, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	11%	13%	
	10th	14%	13%	
	11th	14%	12%	
	12th	10%	10%	
Sex	Female	17%	16%	
	Male	7%	8%	
Total		12%	12%	

**1.12 Percent of students who attempted suicide, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	5%	7%	
	10th	8%	6%	
	11th	6%	5%	
	12th	6%	5%	
Sex	Female	9%	8%	
	Male	4%	4%	
Total		6%	6%	

**1.13 Percent of students who attempted suicide that resulted in an injury, poisoning, or overdose that required medical treatment, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	1%	2%	
	10th	3%	2%	
	11th	2%	2%	
	12th	2%	2%	
Sex	Female	3%	3%	
	Male	2%	1%	
Total		3%	2%	

*1 Personal Safety***1.14 Percent of students who dated in the past 12 months and were physically hurt by someone they were dating or going out with**

		Franklin	Vermont	Notes
Grade	9th	7%	8%	
	10th	11%	9%	
	11th	11%	9%	
	12th	10%	9%	
Sex	Female	11%	11%	
	Male	8%	7%	
Total		10%	9%	

**1.15 Percent of students who have ever been physically forced to have sexual intercourse**

		Franklin	Vermont	Notes
Grade	9th	2%	5%	County statistically lower
	10th	8%	6%	
	11th	7%	7%	
	12th	10%	8%	
Sex	Female	10%	10%	
	Male	4%	3%	
Total		7%	7%	

*1 Personal Safety***1.16 Percent of students who rode with a drinking driver, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	14%	19%	
	10th	22%	20%	
	11th	21%	20%	
	12th	20%	19%	
Sex	Female	20%	20%	
	Male	19%	19%	
Total		20%	20%	

**1.17 Percent of students who rode with a driver who had been smoking marijuana, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	11%	13%	
	10th	18%	20%	
	11th	25%	26%	
	12th	24%	29%	
Sex	Female	19%	22%	
	Male	20%	22%	
Total		20%	22%	

*1 Personal Safety***1.18 Percent of drivers who drove a car or other vehicle when they had been drinking alcohol, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	5%	5%	
	10th	4%	4%	
	11th	8%	8%	
	12th	7%	9%	
Sex	Female	4%	5%	
	Male	9%	9%	
Total		7%	7%	

**1.19 Percent of drivers who drove a car or other vehicle when they had been smoking marijuana, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	8%	8%	
	10th	8%	10%	
	11th	16%	18%	
	12th	16%	20%	
Sex	Female	11%	12%	
	Male	15%	18%	
Total		13%	15%	

**1.20 Percent of drivers who texted or e-mailed while driving a car or other vehicle, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	8%	10%	
	10th	15%	15%	
	11th	38%	40%	
	12th	52%	50%	
Sex	Female	33%	33%	
	Male	35%	33%	
Total		34%	33%	

*1 Personal Safety***1.21 Percent of students who rode a bicycle and reported never or rarely wearing a bicycle helmet, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	60%	48%	County statistically higher
	10th	66%	54%	County statistically higher
	11th	67%	55%	County statistically higher
	12th	68%	56%	County statistically higher
Sex	Female	59%	49%	County statistically higher
	Male	70%	56%	County statistically higher
Total		65%	53%	County statistically higher

**1.22 The percent of students who have had a sunburn in the past 12 months**

		Franklin	Vermont	Notes
Grade	9th	64%	63%	
	10th	67%	65%	
	11th	66%	65%	
	12th	66%	67%	
Sex	Female	73%	72%	
	Male	59%	59%	
Total		66%	65%	

**1.23 The percent of students who have used a tanning device such as a sunlamp, sunbed, or tanning booth in the last 12 months**

		Franklin	Vermont	Notes
Grade	9th	2%	2%	
	10th	3%	3%	
	11th	9%	4%	County statistically higher
	12th	9%	6%	
Sex	Female	7%	5%	County statistically higher
	Male	4%	3%	
Total		6%	4%	County statistically higher

*2 Alcohol, Tobacco and other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	38%	37%	
	10th	58%	51%	County statistically higher
	11th	67%	63%	
	12th	77%	71%	County statistically higher
Sex	Female	62%	57%	County statistically higher
	Male	60%	54%	County statistically higher
Total		61%	56%	County statistically higher

**2.02 Percent of students who drank alcohol, other than a few sips, before age 13**

		<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	12%	14%	
	10th	16%	13%	
	11th	13%	12%	
	12th	11%	10%	
Sex	Female	11%	10%	
	Male	15%	14%	
Total		13%	12%	

*2 Alcohol, Tobacco and other Drug Use***2.03 Percent of students who drank alcohol, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	17%	17%	
	10th	28%	26%	
	11th	36%	34%	
	12th	41%	42%	
Sex	Female	31%	30%	
	Male	32%	29%	
Total		31%	30%	

**2.04 Percent of students who had five or more drinks in a row (binged), past 30 days**

		Franklin	Vermont	Notes
Grade	9th	7%	8%	
	10th	13%	13%	
	11th	21%	19%	
	12th	21%	24%	
Sex	Female	15%	15%	
	Male	17%	17%	
Total		16%	16%	

*2 Alcohol, Tobacco and other Drug Use***2.05 Among students who drank alcohol, the number of days students drank in the last 30 days**

			Franklin	Vermont	Notes
Grade	9th	1 to 2 days	49%	55%	
		3 to 9 days	47%	33%	
		10+ days	.	11%	Too few students
-----					
	10th	1 to 2 days	60%	57%	
		3 to 9 days	32%	34%	
		10+ days	7%	9%	
-----					
	11th	1 to 2 days	50%	49%	
		3 to 9 days	37%	40%	
		10+ days	12%	11%	
-----					
	12th	1 to 2 days	53%	47%	
		3 to 9 days	38%	40%	
		10+ days	10%	13%	
-----					
Sex	Female	1 to 2 days	56%	55%	
		3 to 9 days	37%	36%	
		10+ days	7%	9%	
-----					
	Male	1 to 2 days	51%	47%	
		3 to 9 days	38%	38%	
		10+ days	11%	15%	
-----					
Total		1 to 2 days	53%	51%	
		3 to 9 days	37%	37%	
		10+ days	10%	12%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

*2 Alcohol, Tobacco and other Drug Use***2.06 Among students who drank alcohol in the last 30 days, the greatest number of drinks consumed in one sitting**

			Franklin	Vermont	Notes
Grade	9th	1 to 2 drinks	47%	49%	
		3 to 4 drinks	20%	19%	
		5 or more drinks	33%	32%	
-----					
	10th	1 to 2 drinks	47%	41%	
		3 to 4 drinks	16%	20%	
		5 or more drinks	37%	39%	
-----					
	11th	1 to 2 drinks	36%	33%	
		3 to 4 drinks	10%	18%	County statistically lower
		5 or more drinks	54%	49%	
-----					
	12th	1 to 2 drinks	36%	32%	
		3 to 4 drinks	20%	19%	
		5 or more drinks	44%	49%	
-----					
Sex	Female	1 to 2 drinks	40%	40%	
		3 to 4 drinks	20%	23%	
		5 or more drinks	40%	38%	
-----					
	Male	1 to 2 drinks	40%	33%	
		3 to 4 drinks	12%	16%	
		5 or more drinks	48%	52%	
-----					
Total		1 to 2 drinks	39%	36%	
		3 to 4 drinks	16%	19%	
		5 or more drinks	45%	45%	

NOTE: Only students who drank alcohol during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

## 2.07 Among students who drank in the past 30 days, usual source of alcohol

			Franklin	Vermont	Notes
Grade	9th	Bought it	.	3%	Too few students
		Gave someone money	11%	12%	
		Someone gave it to me	34%	36%	
		Took it / some other way	48%	49%	
-----					
	10th	Bought it	.	3%	Too few students
		Gave someone money	17%	18%	
		Someone gave it to me	31%	41%	
		Took it / some other way	50%	37%	
-----					
	11th	Bought it	.	4%	Too few students
		Gave someone money	34%	28%	
		Someone gave it to me	36%	41%	
		Took it / some other way	27%	27%	
-----					
	12th	Bought it	5%	7%	County statistically lower
		Gave someone money	19%	29%	
		Someone gave it to me	45%	43%	
		Took it / some other way	31%	22%	
-----					
Sex	Female	Bought it	.	2%	Too few students
		Gave someone money	23%	24%	
		Someone gave it to me	44%	46%	
		Took it / some other way	32%	28%	
-----					
	Male	Bought it	6%	7%	
		Gave someone money	22%	24%	
		Someone gave it to me	32%	35%	
		Took it / some other way	40%	34%	
-----					
Total		Bought it	4%	5%	
		Gave someone money	22%	24%	
		Someone gave it to me	38%	40%	
		Took it / some other way	36%	31%	

*2 Alcohol, Tobacco and other Drug Use***2.08 Among students who drank in the past 30 days, the location where students typically consumed alcohol**

			Franklin	Vermont	Notes
Grade	9th	At my home	50%	46%	
		At another persons home	42%	43%	
		At a public place or event	8%	12%	
-----					
	10th	At my home	40%	37%	
		At another persons home	49%	53%	
		At a public place or event	11%	10%	
-----					
	11th	At my home	34%	32%	
		At another persons home	59%	58%	
		At a public place or event	7%	9%	
-----					
	12th	At my home	34%	30%	
		At another persons home	54%	60%	
		At a public place or event	12%	10%	
-----					
Sex	Female	At my home	38%	34%	
		At another persons home	52%	58%	
		At a public place or event	9%	8%	
-----					
	Male	At my home	37%	34%	
		At another persons home	53%	53%	
		At a public place or event	10%	13%	
-----					
Total	At my home		37%	34%	
	At another persons home		53%	55%	
	At a public place or event		10%	10%	
-----					

*2 Alcohol, Tobacco and other Drug Use***2.09 Percent of students who have ever smoked a whole cigarette**

		Franklin	Vermont	Notes
Grade	9th	14%	14%	
	10th	18%	18%	
	11th	25%	24%	
	12th	31%	28%	
Sex	Female	22%	19%	
	Male	23%	23%	
Total		23%	21%	

**2.10 Percent of students who smoked a whole cigarette before age 13**

		Franklin	Vermont	Notes
Grade	9th	6%	6%	
	10th	5%	6%	
	11th	6%	6%	
	12th	5%	6%	
Sex	Female	4%	5%	
	Male	6%	7%	
Total		5%	6%	

**2.11 Percent of students who smoked cigarettes, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	6%	7%	
	10th	9%	9%	
	11th	12%	12%	
	12th	16%	14%	
Sex	Female	11%	10%	
	Male	11%	12%	
Total		11%	11%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.12 Among students who smoked cigarettes in the past month, number of days students smoked

			Franklin	Vermont	Notes
Grade	9th	1 to 2 days	.	35%	Too few students
		3 to 9 days	.	26%	Too few students
		10+ days	.	39%	Too few students
-----					
	10th	1 to 2 days	.	31%	Too few students
		3 to 9 days	.	25%	Too few students
		10+ days	.	44%	Too few students
-----					
	11th	1 to 2 days	.	29%	Too few students
		3 to 9 days	.	23%	Too few students
		10+ days	.	48%	Too few students
-----					
	12th	1 to 2 days	36%	26%	
		3 to 9 days	17%	19%	
		10+ days	46%	55%	
-----					
Sex	Female	1 to 2 days	31%	32%	
		3 to 9 days	30%	23%	
		10+ days	39%	44%	
-----					
	Male	1 to 2 days	30%	26%	
		3 to 9 days	31%	22%	
		10+ days	39%	52%	County statistically lower
-----					
Total		1 to 2 days	30%	29%	
		3 to 9 days	31%	22%	County statistically higher
		10+ days	39%	49%	County statistically lower

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

2 Alcohol, Tobacco and other Drug Use

2.13 Among students who smoked cigarettes in the past month, the amount of cigarettes smoked on days smoked

			Franklin	Vermont	Notes
Grade	9th	1 cigarette or less	.	51%	Too few students
		2 to 10 cigarettes	.	39%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	10th	1 cigarette or less	.	45%	Too few students
		2 to 10 cigarettes	.	45%	Too few students
		11 or more cigarettes	.	10%	Too few students
-----					
	11th	1 cigarette or less	.	43%	Too few students
		2 to 10 cigarettes	.	48%	Too few students
		11 or more cigarettes	.	9%	Too few students
-----					
	12th	1 cigarette or less	45%	42%	
		2 to 10 cigarettes	47%	45%	
		11 or more cigarettes	8%	13%	
-----					
Sex	Female	1 cigarette or less	47%	47%	
		2 to 10 cigarettes	44%	44%	
		11 or more cigarettes	9%	9%	
-----					
	Male	1 cigarette or less	49%	42%	
		2 to 10 cigarettes	44%	45%	
		11 or more cigarettes	6%	13%	
-----					
Total	1 cigarette or less		48%	44%	
	2 to 10 cigarettes		44%	44%	
	11 or more cigarettes		9%	12%	

NOTE: Only students who smoked cigarettes during the previous 30 days are included in this analysis. Previous reports included all students.

## 2 Alcohol, Tobacco and other Drug Use

**2.14 Among students who smoked cigarettes in the past month and were under age 18, how they obtained cigarettes**

		Franklin	Vermont	Notes	
Grade	9th	Bought them	.	5%	Too few students
		Someone else bought them	.	27%	Too few students
		Borrowed/bummed them	.	37%	Too few students
		Took them / some other way	.	31%	Too few students
-----					
10th		Bought them	.	7%	Too few students
		Someone else bought them	.	26%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	26%	Too few students
-----					
11th		Bought them	.	12%	Too few students
		Someone else bought them	.	31%	Too few students
		Borrowed/bummed them	.	39%	Too few students
		Took them / some other way	.	17%	Too few students
-----					
12th		Bought them	.	14%	Too few students
		Someone else bought them	.	32%	Too few students
		Borrowed/bummed them	.	41%	Too few students
		Took them / some other way	.	14%	Too few students
-----					
Sex	Female	Bought them	.	6%	Too few students
		Someone else bought them	28%	30%	
		Borrowed/bummed them	50%	45%	
		Took them / some other way	20%	19%	
-----					
Male		Bought them	15%	14%	
		Someone else bought them	27%	28%	
		Borrowed/bummed them	43%	34%	
		Took them / some other way	15%	24%	
-----					
Total		Bought them	8%	10%	
		Someone else bought them	27%	29%	
		Borrowed/bummed them	47%	39%	
		Took them / some other way	18%	22%	

*2 Alcohol, Tobacco and other Drug Use***2.15 Among current smokers, the percent of smokers who tried to quit smoking, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	.	45%	Too few students
	10th	.	46%	Too few students
	11th	.	44%	Too few students
	12th	55%	39%	
Sex	Female	49%	43%	
	Male	39%	41%	
Total		44%	42%	

**2.16 Percent of students who have ever used electronic vapor products such as e-cigarettes, vaping pens, e-hookahs, and hookah pens.**

		Franklin	Vermont	Notes
Grade	9th	20%	18%	
	10th	26%	28%	
	11th	37%	35%	
	12th	38%	39%	
Sex	Female	28%	27%	
	Male	33%	33%	
Total		31%	30%	

**2.17 Percent of students who have used electronic vapor products, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	10%	10%	
	10th	15%	14%	
	11th	19%	17%	
	12th	17%	19%	
Sex	Female	13%	13%	
	Male	18%	18%	
Total		16%	15%	

*2 Alcohol, Tobacco and other Drug Use***2.18 Percent of students who have ever tried a flavored tobacco product**

		Franklin	Vermont	Notes
Grade	9th	16%	15%	
	10th	23%	21%	
	11th	34%	29%	
	12th	37%	32%	
Sex	Female	23%	20%	
	Male	33%	28%	County statistically higher
Total		28%	24%	County statistically higher

**2.19 Percent of students who tried a flavored tobacco product before age 13**

		Franklin	Vermont	Notes
Grade	9th	5%	6%	
	10th	5%	5%	
	11th	8%	6%	
	12th	6%	5%	
Sex	Female	4%	4%	
	Male	7%	7%	
Total		6%	6%	

NOTE: Flavored tobacco products include any tobacco product flavored to taste like menthol (mint), clove, spice, alcohol (wine or cognac), candy, fruit, chocolate, or other sweets.

*2 Alcohol, Tobacco and other Drug Use***2.20 Percent of students who used smokeless tobacco such as snuff or dip, past 30 days**

		<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	7%	5%	
	10th	10%	6%	County statistically higher
	11th	11%	8%	
	12th	12%	8%	County statistically higher
Sex	Female	3%	3%	
	Male	17%	11%	County statistically higher
Total		10%	7%	County statistically higher

**2.21 Percent of students who smoked cigars or little cigars, past 30 days**

		<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	6%	5%	
	10th	8%	8%	
	11th	14%	12%	
	12th	18%	16%	
Sex	Female	7%	6%	
	Male	16%	14%	
Total		12%	10%	

*2 Alcohol, Tobacco and other Drug Use***2.22 Percent of students who smoked cigarettes, cigars or little cigars, or used smokeless tobacco, during the past 30 days**

		Franklin	Vermont	Notes
Grade	9th	13%	11%	
	10th	20%	15%	County statistically higher
	11th	22%	21%	
	12th	29%	25%	
Sex	Female	16%	13%	
	Male	27%	23%	County statistically higher
Total		21%	18%	County statistically higher

**2.23 Percent of students who smoked cigarettes, cigars or little cigars, used smokeless tobacco, or electronic vapor products during the past 30 days**

		Franklin	Vermont	Notes
Grade	9th	17%	16%	
	10th	26%	22%	
	11th	29%	28%	
	12th	34%	32%	
Sex	Female	21%	20%	
	Male	33%	29%	
Total		27%	25%	

*2 Alcohol, Tobacco and other Drug Use***2.24 Percent of students who have ever tried marijuana**

		Franklin	Vermont	Notes
Grade	9th	22%	22%	
	10th	27%	32%	County statistically lower
	11th	42%	44%	
	12th	48%	49%	
Sex	Female	36%	36%	
	Male	35%	38%	
Total		36%	37%	

**2.25 Percent of students who used marijuana before age 13**

		Franklin	Vermont	Notes
Grade	9th	6%	6%	
	10th	5%	6%	
	11th	9%	7%	
	12th	6%	6%	
Sex	Female	6%	5%	
	Male	8%	8%	
Total		7%	6%	

**2.26 Percent of students who used marijuana, past 30 days**

		Franklin	Vermont	Notes
Grade	9th	12%	13%	
	10th	15%	20%	County statistically lower
	11th	27%	27%	
	12th	25%	29%	
Sex	Female	19%	21%	
	Male	21%	24%	
Total		20%	22%	

## 2 Alcohol, Tobacco and other Drug Use

## 2.27 Among those who currently use marijuana, the number of times reported using marijuana, in the last month

			Franklin	Vermont	Notes
Grade	9th	1 to 2 times	.	36%	Too few students
		3 to 9 times	.	24%	Too few students
		10+ times	.	40%	Too few students
-----					
	10th	1 to 2 times	31%	32%	
		3 to 9 times	28%	26%	
		10+ times	41%	42%	
-----					
	11th	1 to 2 times	31%	30%	
		3 to 9 times	21%	24%	
		10+ times	48%	46%	
-----					
	12th	1 to 2 times	26%	29%	
		3 to 9 times	25%	23%	
		10+ times	49%	48%	
-----					
Sex	Female	1 to 2 times	33%	37%	
		3 to 9 times	24%	26%	
		10+ times	43%	37%	
-----					
	Male	1 to 2 times	30%	26%	
		3 to 9 times	22%	23%	
		10+ times	48%	52%	
-----					
Total		1 to 2 times	32%	31%	
		3 to 9 times	23%	24%	
		10+ times	45%	45%	

*2 Alcohol, Tobacco and other Drug Use***2.28 Percent of students who ever misused a stimulant or prescription pain reliever**

		Franklin	Vermont	Notes
Grade	9th	5%	8%	
	10th	7%	10%	
	11th	9%	13%	
	12th	9%	14%	County statistically lower
Sex	Female	9%	11%	
	Male	6%	12%	County statistically lower
Total		8%	11%	County statistically lower

**2.29 Percent of students who misused a stimulant or prescription pain reliever in the past 30 days**

		Franklin	Vermont	Notes
Grade	9th	3%	4%	
	10th	3%	4%	
	11th	4%	5%	
	12th	3%	6%	
Sex	Female	3%	4%	
	Male	3%	5%	County statistically lower
Total		4%	5%	County statistically lower

**2.30 Percent of students who ever used cocaine**

		Franklin	Vermont	Notes
Grade	9th	2%	3%	
	10th	3%	4%	
	11th	6%	5%	
	12th	4%	7%	
Sex	Female	3%	4%	
	Male	4%	6%	County statistically lower
Total		4%	5%	

*2 Alcohol, Tobacco and other Drug Use***2.31 Percent of students who ever used inhalants**

		Franklin	Vermont	Notes
Grade	9th	6%	7%	
	10th	8%	6%	
	11th	5%	7%	
	12th	4%	5%	
Sex	Female	5%	6%	
	Male	5%	7%	
Total		6%	7%	

**2.32 Percent of students who ever used methamphetamines**

		Franklin	Vermont	Notes
Grade	9th	1%	2%	
	10th	2%	2%	
	11th	3%	3%	
	12th	2%	3%	
Sex	Female	2%	2%	
	Male	2%	3%	
Total		2%	3%	

**2.33 Percent of students who ever used heroin**

		Franklin	Vermont	Notes
Grade	9th	2%	2%	
	10th	2%	2%	
	11th	3%	2%	
	12th	2%	3%	
Sex	Female	1%	1%	
	Male	3%	3%	
Total		2%	2%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use* \_\_\_\_\_

**3.01 Percent of students who were in the same room as someone smoking, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	38%	34%	
	10th	39%	36%	
	11th	48%	39%	County statistically higher
	12th	47%	38%	County statistically higher
Sex	Female	44%	37%	County statistically higher
	Male	43%	37%	County statistically higher
Total		43%	37%	County statistically higher

**3.02 Percent of students who were in the same car as someone smoking, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	30%	25%	
	10th	31%	27%	
	11th	32%	28%	
	12th	35%	28%	County statistically higher
Sex	Female	33%	28%	County statistically higher
	Male	31%	27%	County statistically higher
Total		32%	27%	County statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use***3.03 Frequency in which students see advertisements for tobacco when they are in a grocery store, gas station, or convenience store.**

			Franklin	Vermont	Notes
Grade	9th	Never or rarely	16%	19%	
		Sometimes	24%	27%	
		At least most of the time	60%	54%	
-----					
	10th	Never or rarely	15%	19%	County statistically lower
		Sometimes	27%	27%	
		At least most of the time	58%	53%	
-----					
	11th	Never or rarely	17%	21%	
		Sometimes	27%	28%	
		At least most of the time	56%	52%	
-----					
	12th	Never or rarely	17%	22%	
		Sometimes	24%	28%	
		At least most of the time	58%	50%	
-----					
Sex	Female	Never or rarely	15%	19%	County statistically lower
		Sometimes	26%	28%	
		At least most of the time	59%	53%	County statistically higher
-----					
	Male	Never or rarely	18%	22%	County statistically lower
		Sometimes	25%	26%	
		At least most of the time	57%	51%	County statistically higher
-----					
Total		Never or rarely	16%	21%	County statistically lower
		Sometimes	25%	27%	
		At least most of the time	58%	52%	County statistically higher

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**In 2015, 11% of Vermont high school students reported smoking cigarettes in the last 30 days and 22% of students reported using marijuana during that same time period. Students were asked about their perceptions on how many students smoke and use marijuana.**

**3.04 Out of 100 high school students, the number thought to smoke cigarettes**

	Franklin	Vermont	Notes
15 or less students	17%	19%	
16 to 25 students	28%	29%	
26 to 45 students	26%	24%	
46 to 55 students	14%	14%	
56 to 75 students	8%	8%	
76 or more students	7%	7%	

**3.05 Out of 100 high school students, the number thought to use marijuana**

	Franklin	Vermont	Notes
15 or less students	8%	8%	
16 to 25 students	16%	13%	County statistically higher
26 to 45 students	23%	21%	County statistically higher
46 to 55 students	22%	21%	
56 to 75 students	17%	20%	County statistically lower
76 or more students	14%	16%	County statistically lower

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**3.06 Percent of students who think their parents think it is wrong for them to smoke cigarettes**

		Franklin	Vermont	Notes
Grade	9th	96%	94%	
	10th	94%	93%	
	11th	92%	92%	
	12th	88%	87%	
Sex	Female	94%	93%	
	Male	91%	90%	
Total		92%	91%	

**3.07 Percent of students who think their parents think it is wrong for them to drink alcohol**

		Franklin	Vermont	Notes
Grade	9th	85%	84%	
	10th	74%	78%	
	11th	68%	70%	
	12th	55%	57%	
Sex	Female	70%	74%	County statistically lower
	Male	70%	70%	
Total		70%	72%	

**3.08 Percent of students who think their parents think it is wrong for them to smoke marijuana**

		Franklin	Vermont	Notes
Grade	9th	90%	87%	
	10th	87%	82%	County statistically higher
	11th	77%	78%	
	12th	75%	74%	
Sex	Female	82%	82%	
	Male	82%	79%	County statistically higher
Total		82%	80%	

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.09 Percent of students who think it is wrong for someone their age to smoke cigarettes

		Franklin	Vermont	Notes
Grade	9th	88%	87%	
	10th	83%	84%	
	11th	76%	77%	
	12th	66%	67%	
Sex	Female	78%	80%	
	Male	77%	77%	
Total		77%	78%	

#### 3.10 Percent of students who think it is wrong for someone their age to drink alcohol

		Franklin	Vermont	Notes
Grade	9th	67%	70%	
	10th	52%	58%	County statistically lower
	11th	45%	47%	
	12th	38%	38%	
Sex	Female	50%	54%	
	Male	50%	53%	
Total		49%	53%	County statistically lower

#### 3.11 Percent of students who think it is wrong for someone their age to smoke marijuana

		Franklin	Vermont	Notes
Grade	9th	72%	70%	
	10th	63%	59%	
	11th	52%	51%	
	12th	48%	44%	
Sex	Female	58%	57%	
	Male	58%	55%	
Total		58%	56%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**3.12 Percent of students who think people their age risk harming themselves if they smoke a pack of cigarettes a day**

		Franklin	Vermont	Notes
Grade	9th	57%	62%	
	10th	61%	66%	
	11th	58%	66%	County statistically lower
	12th	65%	66%	
Sex	Female	62%	67%	County statistically lower
	Male	59%	63%	
Total		60%	65%	County statistically lower

**3.13 Percent of students who think people their age risk harming themselves if they binge drink on weekends**

		Franklin	Vermont	Notes
Grade	9th	39%	42%	
	10th	31%	40%	County statistically lower
	11th	33%	36%	
	12th	33%	35%	
Sex	Female	37%	43%	County statistically lower
	Male	31%	33%	
Total		34%	38%	County statistically lower

**3.14 Percent of students who think people their age risk harming themselves if they smoke marijuana regularly**

		Franklin	Vermont	Notes
Grade	9th	32%	35%	
	10th	26%	29%	
	11th	21%	22%	
	12th	16%	21%	
Sex	Female	24%	30%	County statistically lower
	Male	23%	24%	
Total		23%	27%	County statistically lower

### 3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use

#### 3.15 Percent of students who think it would be easy to get cigarettes

		Franklin	Vermont	Notes
Grade	9th	47%	44%	
	10th	54%	55%	
	11th	65%	64%	
	12th	84%	80%	
Sex	Female	61%	57%	
	Male	67%	64%	
Total		64%	61%	

#### 3.16 Percent of students who think it would be easy to get alcohol

		Franklin	Vermont	Notes
Grade	9th	58%	60%	
	10th	70%	68%	
	11th	75%	74%	
	12th	77%	75%	
Sex	Female	72%	71%	
	Male	69%	68%	
Total		71%	69%	

#### 3.17 Percent of students who think it would be easy to get marijuana

		Franklin	Vermont	Notes
Grade	9th	40%	46%	County statistically lower
	10th	53%	60%	County statistically lower
	11th	67%	69%	
	12th	76%	74%	
Sex	Female	58%	60%	
	Male	62%	65%	
Total		60%	62%	

*3 Attitudes and Perceptions about Alcohol, Cigarette, and Marijuana Use*

**3.18 Percent of students who were asked if they smoked by a health care provider, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	46%	44%	
	10th	41%	50%	County statistically lower
	11th	53%	57%	
	12th	60%	60%	
Sex	Female	57%	56%	
	Male	43%	50%	County statistically lower
Total		50%	53%	

**3.19 Percent of students who think it is likely or very likely that a party where students from their high school were drinking alcohol would be broken up by police**

		Franklin	Vermont	Notes
Grade	9th	39%	36%	
	10th	32%	30%	
	11th	29%	27%	
	12th	29%	24%	
Sex	Female	31%	29%	
	Male	33%	29%	County statistically higher
Total		32%	29%	County statistically higher

**3.20 Percent of students who were offered, sold or given an illegal drug on school property, past 12 months**

		Franklin	Vermont	Notes
Grade	9th	13%	15%	
	10th	14%	19%	County statistically lower
	11th	18%	20%	
	12th	17%	18%	
Sex	Female	13%	15%	
	Male	18%	21%	
Total		16%	18%	

*4 Sexual Behavior and Orientation***4.01 Sexual orientation**

			Franklin	Vermont	Notes
Grade	9th	Heterosexual (straight)	92%	88%	County statistically higher
		Gay or lesbian	2%	2%	
		Bisexual	5%	6%	
		Not sure	2%	5%	County statistically lower
-----					
	10th	Heterosexual (straight)	86%	89%	
		Gay or lesbian	2%	2%	
		Bisexual	8%	6%	
		Not sure	4%	4%	
-----					
	11th	Heterosexual (straight)	88%	88%	
		Gay or lesbian	.	2%	Too few students
		Bisexual	7%	6%	
		Not sure	4%	4%	
-----					
	12th	Heterosexual (straight)	85%	88%	
		Gay or lesbian	3%	2%	
		Bisexual	9%	6%	
		Not sure	3%	4%	
-----					
Sex	Female	Heterosexual (straight)	83%	84%	
		Gay or lesbian	2%	2%	
		Bisexual	12%	10%	
		Not sure	3%	5%	
-----					
	Male	Heterosexual (straight)	92%	92%	
		Gay or lesbian	2%	2%	
		Bisexual	3%	3%	
		Not sure	3%	4%	
-----					
Total		Heterosexual (straight)	88%	88%	
		Gay or lesbian	2%	2%	
		Bisexual	7%	6%	
		Not sure	3%	4%	

*4 Sexual Behavior and Orientation***4.02 Percent of students who have ever had sexual intercourse**

		Franklin	Vermont	Notes
Grade	9th	19%	18%	
	10th	37%	33%	
	11th	56%	49%	County statistically higher
	12th	71%	62%	County statistically higher
Sex	Female	50%	40%	County statistically higher
	Male	45%	41%	
Total		48%	41%	County statistically higher

**4.03 Percent of students who have ever had oral sex**

		Franklin	Vermont	Notes
Grade	9th	22%	21%	
	10th	44%	37%	County statistically higher
	11th	58%	50%	County statistically higher
	12th	66%	60%	
Sex	Female	49%	41%	County statistically higher
	Male	47%	42%	County statistically higher
Total		48%	42%	County statistically higher

**4.04 Percent of students who had sexual intercourse before age 13**

		Franklin	Vermont	Notes
Grade	9th	2%	3%	
	10th	4%	3%	
	11th	3%	3%	
	12th	5%	4%	
Sex	Female	2%	2%	
	Male	5%	4%	
Total		3%	3%	

*4 Sexual Behavior and Orientation***4.05 Percent of students who have had sexual intercourse with four or more people**

		<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	3%	3%	
	10th	5%	6%	
	11th	14%	11%	
	12th	19%	19%	
Sex	Female	11%	9%	
	Male	10%	10%	
Total		11%	10%	

**4.06 Percent of students who have ever been tested for HIV**

		<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Grade	9th	5%	7%	
	10th	9%	8%	
	11th	14%	12%	
	12th	14%	14%	
Sex	Female	12%	11%	
	Male	10%	9%	
Total		11%	10%	

*4 Sexual Behavior and Orientation***4.07 Percent of students who had sex at least once in the past 3 months (currently sexually active)**

		Franklin	Vermont	Notes
Grade	9th	13%	12%	
	10th	26%	24%	
	11th	44%	38%	
	12th	57%	49%	County statistically higher
Sex	Female	41%	33%	County statistically higher
	Male	31%	30%	
Total		37%	31%	County statistically higher

**4.08 Of sexually active students, percent who used alcohol or drugs the last time they had sex**

		Franklin	Vermont	Notes
Grade	9th	.	18%	Too few students
	10th	11%	19%	
	11th	14%	18%	
	12th	12%	18%	County statistically lower
Sex	Female	10%	15%	County statistically lower
	Male	15%	22%	County statistically lower
Total		12%	19%	County statistically lower

**4.09 Of sexually active students, percent who used condoms the last time they had sex**

		Franklin	Vermont	Notes
Grade	9th	64%	65%	
	10th	67%	65%	
	11th	54%	58%	
	12th	58%	54%	
Sex	Female	58%	55%	
	Male	60%	62%	
Total		59%	58%	

*4 Sexual Behavior and Orientation***4.10 Of sexually active students, percent who used prescription birth control the last time they had sex.**

Birth control included using prescription birth control pills, shot, patch, ring, or IUD

		Franklin	Vermont	Notes
Grade	9th	32%	28%	
	10th	43%	39%	
	11th	54%	49%	
	12th	56%	54%	
Sex	Female	53%	55%	
	Male	47%	38%	County statistically higher
Total		51%	47%	

**4.11 Of sexually active students, those who used either a condom or prescription birth control the last time they had sex**

		Franklin	Vermont	Notes
Grade	9th	84%	80%	
	10th	89%	87%	
	11th	88%	88%	
	12th	87%	87%	
Sex	Female	88%	88%	
	Male	88%	86%	
Total		88%	87%	

## 4 Sexual Behavior and Orientation

## 4.12 Of sexually active students, methods used to prevent pregnancy used the last time they had sex

			Franklin	Vermont	Notes
Grade	9th	No method was used	10%	12%	
		Birth control pills	21%	19%	
		Condoms	48%	50%	
		IUD or implant	.	4%	Too few students
		Shot/patch/birth control ring	.	5%	Too few students
		Withdrawal/other method	.	8%	Too few students
		Not sure	.	3%	Too few students
-----					
	10th	No method was used	5%	7%	
		Birth control pills	32%	28%	
		Condoms	45%	46%	
		IUD or implant	.	5%	Too few students
		Shot/patch/birth control ring	7%	6%	
		Withdrawal/other method	6%	6%	
		Not sure	.	2%	Too few students
-----					
	11th	No method was used	6%	6%	
		Birth control pills	38%	37%	
		Condoms	35%	37%	
		IUD or implant	7%	7%	
		Shot/patch/birth control ring	9%	6%	
		Withdrawal/other method	5%	6%	
		Not sure	.	1%	Too few students
-----					
	12th	No method was used	9%	7%	
		Birth control pills	37%	40%	
		Condoms	30%	32%	
		IUD or implant	8%	7%	
		Shot/patch/birth control ring	10%	7%	
		Withdrawal/other method	5%	6%	
		Not sure	.	2%	Too few students
-----					

## 4 Sexual Behavior and Orientation

			Franklin	Vermont	Notes
Sex	Female	No method was used	8%	7%	
		Birth control pills	35%	39%	
		Condoms	33%	31%	
		IUD or implant	8%	8%	
		Shot/patch/birth control ring	10%	8%	
		Withdrawal/other method	5%	5%	
		Not sure	.	1%	Too few students
-----					
	Male	No method was used	8%	7%	
		Birth control pills	35%	30%	
		Condoms	39%	45%	
		IUD or implant	5%	4%	
		Shot/patch/birth control ring	7%	4%	
		Withdrawal/other method	5%	7%	
		Not sure	.	3%	Too few students
-----					
Total		No method was used	8%	7%	
		Birth control pills	35%	35%	
		Condoms	35%	38%	
		IUD or implant	7%	6%	
		Shot/patch/birth control ring	9%	6%	
		Withdrawal/other method	5%	6%	
		Not sure	1%	2%	

*Cont. Of sexually active students, methods used to prevent pregnancy used the last time they had sex*

*4 Sexual Behavior and Orientation***4.13 Sexual identity of sexual contacts**

			<b>Franklin</b>	<b>Vermont</b>	<b>Notes</b>
Sex	Female	Have not had sex	38%	45%	County statistically lower
		Same sex	2%	1%	
		Opposite sex	53%	46%	County statistically higher
		Both sexes	8%	7%	
-----					
	Male	Have not had sex	41%	43%	
		Same sex	1%	1%	
		Opposite sex	55%	53%	
		Both sexes	3%	2%	
<hr/>					
Total	Have not had sex		39%	44%	County statistically lower
	Same sex		1%	1%	
	Opposite sex		54%	50%	County statistically higher
	Both sexes		5%	5%	

## 5 Body Image

**5.01 The percent of students who are overweight (85th to <95th BMI percentile)**

		Franklin	Vermont	Notes
Grade	9th	17%	15%	
	10th	19%	14%	County statistically higher
	11th	17%	14%	
	12th	15%	13%	
Sex	Female	17%	14%	County statistically higher
	Male	17%	14%	
Total		17%	14%	County statistically higher

**5.02 The percent of students who are obese (>=95th BMI percentile)**

		Franklin	Vermont	Notes
Grade	9th	16%	12%	County statistically higher
	10th	15%	13%	
	11th	14%	12%	
	12th	17%	12%	County statistically higher
Sex	Female	11%	9%	
	Male	20%	16%	County statistically higher
Total		16%	12%	County statistically higher

NOTE: BMI = body mass index; For youth, BMI is age- and sex-specific. It is expressed by a percentile based on weight and height.

## 5 Body Image

## 5.03 Perceptions of weight

			Franklin	Vermont	Notes
Grade	9th	Underweight	12%	15%	
		About the right weight	55%	56%	
		Overweight	33%	29%	
-----					
	10th	Underweight	12%	13%	
		About the right weight	52%	55%	
		Overweight	35%	32%	
-----					
	11th	Underweight	12%	13%	
		About the right weight	57%	55%	
		Overweight	31%	31%	
-----					
	12th	Underweight	10%	13%	
		About the right weight	52%	55%	
		Overweight	38%	32%	County statistically higher
-----					
Sex	Female	Underweight	9%	10%	
		About the right weight	50%	54%	
		Overweight	41%	36%	County statistically higher
-----					
	Male	Underweight	13%	17%	County statistically lower
		About the right weight	58%	57%	
		Overweight	29%	26%	
-----					
Total		Underweight	11%	14%	County statistically lower
		About the right weight	54%	55%	
		Overweight	35%	31%	County statistically higher

## 5 Body Image

## 5.04 Students who are trying to do something about their weight

			Franklin	Vermont	Notes	
Grade	9th	Lose weight	46%	41%	County statistically lower	
		Gain weight	9%	12%		
		Stay the same weight /do nothing	45%	47%		
-----						
	10th	Lose weight	47%	43%		
		Gain weight	13%	13%		
		Stay the same weight /do nothing	40%	44%		
-----						
	11th	Lose weight	41%	42%		
		Gain weight	15%	14%		
		Stay the same weight /do nothing	44%	44%		
-----						
	12th	Lose weight	49%	42%	County statistically higher	
		Gain weight	14%	15%		
		Stay the same weight /do nothing	37%	42%		
-----						
Sex	Female	Lose weight	61%	56%	County statistically higher	
		Gain weight	4%	4%		
		Stay the same weight /do nothing	35%	40%		County statistically lower
-----						
	Male	Lose weight	30%	28%		
		Gain weight	22%	23%		
		Stay the same weight /do nothing	48%	49%		
-----						
Total		Lose weight	46%	42%	County statistically higher	
		Gain weight	13%	14%		
		Stay the same weight /do nothing	42%	44%		

*6 Nutrition and Physical Activity***6.01 Hours spent per school day watching TV, playing video games or using the computer for fun.**

In 2015, the definition of screen time was expanded. Caution should be taken when making comparisons to previous years.

			Franklin	Vermont	Notes
Grade	9th	Less than 1 hour	12%	14%	
		1 to 2 hours	31%	36%	
		3 to 4 hours	39%	33%	County statistically higher
		5+ hours	19%	18%	
-----					
	10th	Less than 1 hour	15%	14%	
		1 to 2 hours	34%	36%	
		3 to 4 hours	31%	32%	
		5+ hours	21%	18%	
-----					
	11th	Less than 1 hour	14%	15%	
		1 to 2 hours	40%	38%	
		3 to 4 hours	29%	32%	
		5+ hours	18%	16%	
-----					
	12th	Less than 1 hour	16%	16%	
		1 to 2 hours	33%	36%	
		3 to 4 hours	34%	32%	
		5+ hours	17%	17%	
-----					
Sex	Female	Less than 1 hour	15%	15%	
		1 to 2 hours	33%	37%	
		3 to 4 hours	34%	32%	
		5+ hours	18%	16%	
-----					
	Male	Less than 1 hour	13%	14%	
		1 to 2 hours	36%	36%	
		3 to 4 hours	31%	32%	
		5+ hours	19%	18%	
-----					
Total	Less than 1 hour		14%	15%	
	1 to 2 hours		34%	36%	
	3 to 4 hours		33%	32%	
	5+ hours		19%	17%	

## 6 Nutrition and Physical Activity

## 6.02 The number of days students participated in at least 60 minutes of physical activity during the past 7 days

			Franklin	Vermont	Notes
Grade	9th	0 days	12%	11%	
		1 to 2 days	18%	16%	
		3 to 6 days	48%	47%	
		Everyday	22%	25%	
-----					
	10th	0 days	13%	13%	
		1 to 2 days	19%	15%	
		3 to 6 days	41%	47%	County statistically lower
		Everyday	27%	24%	
-----					
	11th	0 days	11%	15%	
		1 to 2 days	20%	17%	
		3 to 6 days	40%	45%	
		Everyday	29%	22%	County statistically higher
-----					
	12th	0 days	19%	17%	
		1 to 2 days	18%	18%	
		3 to 6 days	39%	44%	
		Everyday	24%	21%	
-----					
Sex	Female	0 days	15%	17%	
		1 to 2 days	24%	20%	County statistically higher
		3 to 6 days	45%	48%	
		Everyday	16%	16%	
-----					
	Male	0 days	13%	12%	
		1 to 2 days	13%	14%	
		3 to 6 days	39%	44%	County statistically lower
		Everyday	35%	30%	County statistically higher
-----					
Total		0 days	14%	14%	
		1 to 2 days	19%	17%	
		3 to 6 days	42%	46%	County statistically lower
		Everyday	25%	23%	

*6 Nutrition and Physical Activity***6.03 The percent of students who ate fruits and vegetables 5 or more times per day, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	20%	23%	
	10th	20%	23%	
	11th	18%	23%	County statistically lower
	12th	17%	24%	County statistically lower
Sex	Female	18%	22%	County statistically lower
	Male	19%	25%	County statistically lower
Total		19%	24%	County statistically lower

**6.04 The percent of students who ate fruits or fruit juice 2 or more times per day, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	32%	34%	
	10th	33%	34%	
	11th	28%	34%	County statistically lower
	12th	31%	35%	
Sex	Female	31%	33%	
	Male	31%	35%	
Total		31%	34%	County statistically lower

**6.05 The percent of students who ate vegetables 3 or more times per day, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	14%	17%	
	10th	13%	17%	
	11th	14%	18%	
	12th	12%	19%	County statistically lower
Sex	Female	13%	17%	County statistically lower
	Male	14%	19%	County statistically lower
Total		13%	18%	County statistically lower

*6 Nutrition and Physical Activity***6.06 The percent of students who did not eat any fruit or fruit juice, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	6%	5%	
	10th	4%	4%	
	11th	4%	4%	
	12th	5%	4%	
Sex	Female	4%	3%	
	Male	6%	5%	
Total		5%	4%	

**6.07 The percent of students who did not any eat vegetables, past 7 days**

		Franklin	Vermont	Notes
Grade	9th	4%	5%	
	10th	5%	4%	
	11th	4%	4%	
	12th	4%	4%	
Sex	Female	3%	3%	
	Male	6%	6%	
Total		4%	4%	

6 Nutrition and Physical Activity

6.08 The number of days students ate breakfast during the past 7 days

			Franklin	Vermont	Notes
Grade	9th	Never	9%	11%	
		1 to 3 days	26%	25%	
		4 to 6 days	24%	22%	
		Everyday	41%	42%	
-----					
	10th	Never	14%	11%	
		1 to 3 days	26%	24%	
		4 to 6 days	25%	24%	
		Everyday	35%	41%	
-----					
	11th	Never	11%	10%	
		1 to 3 days	31%	25%	County statistically higher
		4 to 6 days	23%	24%	
		Everyday	35%	40%	
-----					
	12th	Never	12%	11%	
		1 to 3 days	29%	25%	
		4 to 6 days	25%	25%	
		Everyday	34%	39%	
-----					
Sex	Female	Never	11%	11%	
		1 to 3 days	29%	27%	
		4 to 6 days	26%	24%	
		Everyday	33%	38%	County statistically lower
-----					
	Male	Never	12%	11%	
		1 to 3 days	26%	23%	
		4 to 6 days	22%	23%	
		Everyday	40%	43%	
-----					
Total	Never		11%	11%	
	1 to 3 days		28%	25%	County statistically higher
	4 to 6 days		24%	24%	
	Everyday		36%	40%	County statistically lower

## 6 Nutrition and Physical Activity

## 6.09 The number of glasses of water students drank yesterday

			Franklin	Vermont	Notes
Grade	9th	None	9%	9%	
		1 to 3 glasses	60%	60%	
		4+ glasses	31%	32%	
-----					
	10th	None	7%	8%	
		1 to 3 glasses	60%	58%	
		4+ glasses	33%	34%	
-----					
	11th	None	10%	8%	
		1 to 3 glasses	65%	60%	
		4+ glasses	26%	32%	County statistically lower
-----					
	12th	None	13%	9%	County statistically higher
		1 to 3 glasses	57%	57%	
		4+ glasses	30%	34%	
-----					
Sex	Female	None	8%	8%	
		1 to 3 glasses	63%	62%	
		4+ glasses	29%	31%	
-----					
	Male	None	11%	9%	
		1 to 3 glasses	58%	56%	
		4+ glasses	31%	35%	
-----					
Total	None		10%	9%	
	1 to 3 glasses		60%	59%	
	4+ glasses		30%	33%	County statistically lower

## 6 Nutrition and Physical Activity

## 6.10 Amount of soda students drank during the past 7 days

			Franklin	Vermont	Notes
Grade	9th	None	29%	32%	
		At least once during the past week	53%	54%	
		At least once per day	18%	14%	County statistically higher
-----					
	10th	None	27%	33%	
		At least once during the past week	56%	53%	
		At least once per day	16%	14%	
-----					
	11th	None	27%	33%	County statistically lower
		At least once during the past week	53%	51%	
		At least once per day	20%	15%	County statistically higher
-----					
	12th	None	31%	36%	
		At least once during the past week	52%	49%	
		At least once per day	18%	15%	
-----					
Sex	Female	None	37%	42%	County statistically lower
		At least once during the past week	51%	48%	
		At least once per day	12%	9%	County statistically higher
-----					
	Male	None	20%	25%	County statistically lower
		At least once during the past week	56%	55%	
		At least once per day	24%	20%	County statistically higher
-----					
Total		None	28%	33%	County statistically lower
		At least once during the past week	53%	52%	
		At least once per day	18%	15%	County statistically higher

## 6 Nutrition and Physical Activity

**6.11 The amount of sugar-sweetened beverages (not including soda) students drank during past 7 days**

			Franklin	Vermont	Notes
Grade	9th	None	22%	25%	
		At least once during the past week	63%	61%	
		At least once per day	15%	14%	
-----					
	10th	None	21%	25%	
		At least once during the past week	63%	59%	
		At least once per day	16%	15%	
-----					
	11th	None	17%	26%	County statistically lower
		At least once during the past week	65%	59%	County statistically higher
		At least once per day	19%	16%	
-----					
	12th	None	24%	29%	
		At least once during the past week	59%	57%	
		At least once per day	17%	15%	
-----					
Sex	Female	None	24%	30%	County statistically lower
		At least once during the past week	65%	59%	County statistically higher
		At least once per day	11%	11%	
-----					
	Male	None	18%	22%	County statistically lower
		At least once during the past week	60%	58%	
		At least once per day	23%	19%	
-----					
Total		None	21%	26%	County statistically lower
		At least once during the past week	62%	59%	County statistically higher
		At least once per day	17%	15%	

## 7 Youth Assets

## 7.01 Typical grades in the past 12 months, as reported by students

			Franklin	Vermont	Notes
Grade	9th	Mostly As or Bs	80%	76%	
		Mostly Cs	10%	13%	
		Mostly Ds or Fs	3%	4%	
		Other / Not sure	8%	7%	
-----					
	10th	Mostly As or Bs	81%	77%	
		Mostly Cs	12%	14%	
		Mostly Ds or Fs	3%	4%	
		Other / Not sure	4%	5%	
-----					
	11th	Mostly As or Bs	83%	80%	
		Mostly Cs	12%	13%	
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	2%	4%	
-----					
	12th	Mostly As or Bs	83%	83%	
		Mostly Cs	11%	11%	
		Mostly Ds or Fs	2%	2%	
		Other / Not sure	4%	4%	
-----					
Sex	Female	Mostly As or Bs	88%	84%	County statistically higher
		Mostly Cs	6%	9%	County statistically lower
		Mostly Ds or Fs	2%	3%	
		Other / Not sure	4%	4%	
-----					
	Male	Mostly As or Bs	75%	74%	
		Mostly Cs	16%	16%	
		Mostly Ds or Fs	4%	4%	
		Other / Not sure	4%	6%	
-----					
Total		Mostly As or Bs	82%	79%	County statistically higher
		Mostly Cs	11%	13%	
		Mostly Ds or Fs	3%	3%	
		Other / Not sure	4%	5%	

## 7 Youth Assets

## 7.02 The percent of students participating in extracurricular activities, hours per week

			Franklin	Vermont	Notes
Grade	9th	0 hours	35%	32%	
		1 to 4 hours	29%	30%	
		5 to 9 hours	17%	17%	
		10 or more hours	19%	21%	
	10th	0 hours	38%	32%	County statistically higher
		1 to 4 hours	22%	28%	County statistically lower
		5 to 9 hours	17%	16%	
		10 or more hours	24%	24%	
	11th	0 hours	30%	32%	
		1 to 4 hours	26%	27%	
		5 to 9 hours	16%	16%	
		10 or more hours	28%	25%	
	12th	0 hours	33%	32%	
		1 to 4 hours	27%	26%	
		5 to 9 hours	16%	16%	
		10 or more hours	24%	27%	
Sex	Female	0 hours	31%	31%	
		1 to 4 hours	25%	29%	County statistically lower
		5 to 9 hours	17%	16%	
		10 or more hours	27%	24%	
	Male	0 hours	36%	33%	
		1 to 4 hours	27%	27%	
		5 to 9 hours	15%	16%	
		10 or more hours	21%	24%	
Total		0 hours	34%	32%	
		1 to 4 hours	26%	28%	
		5 to 9 hours	16%	16%	
		10 or more hours	24%	24%	

*7 Youth Assets***7.03 The percent of students who spoke with their parents at least weekly about school**

		Franklin	Vermont	Notes
Grade	9th	74%	78%	
	10th	73%	77%	
	11th	79%	77%	
	12th	71%	75%	
Sex	Female	74%	77%	
	Male	75%	76%	
Total		74%	76%	

**7.04 The percent of students who agree that in their community they feel like they matter to people**

		Franklin	Vermont	Notes
Grade	9th	46%	49%	
	10th	40%	48%	County statistically lower
	11th	45%	50%	
	12th	44%	54%	County statistically lower
Sex	Female	41%	47%	County statistically lower
	Male	47%	54%	County statistically lower
Total		44%	50%	County statistically lower

**7.05 The percent of students who agree that teachers really care about them and give them lots of encouragement**

		Franklin	Vermont	Notes
Grade	9th	54%	59%	
	10th	47%	57%	County statistically lower
	11th	57%	64%	County statistically lower
	12th	63%	69%	County statistically lower
Sex	Female	56%	60%	County statistically lower
	Male	56%	64%	County statistically lower
Total		56%	62%	County statistically lower

*7 Youth Assets***7.06 The percent of students who agree that students help decide what goes on in school**

		Franklin	Vermont	Notes
Grade	9th	48%	50%	
	10th	43%	46%	
	11th	39%	46%	County statistically lower
	12th	46%	49%	
Sex	Female	44%	48%	County statistically lower
	Male	44%	48%	
Total		44%	48%	County statistically lower

**7.07 The percent of students who report that they will probably or definitely complete a post high school program**

		Franklin	Vermont	Notes
Grade	9th	76%	75%	
	10th	82%	80%	
	11th	84%	83%	
	12th	84%	84%	
Sex	Female	84%	83%	
	Male	79%	78%	
Total		82%	80%	

## **2015 Vermont Youth Risk Behavior Survey Report**

### **Middle School Report for Franklin County**

The Vermont Department of Health would like to acknowledge the work and effort of all the schools, teachers and students who choose to participate in the Youth Risk Behavior Survey each year.

*Demographics*


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**Franklin**  
**Number of Middle School Students in Franklin County**

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<b>Franklin County Total</b>
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1213
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Sex	Total	%
Missing	10	0%
Female	619	51%
Male	584	48%

Grade	Total	%
Missing	11	0%
6th grade	205	16%
7th grade	505	41%
8th grade	492	40%

Age	Total	%
Missing	10	0%
11 years or younger	111	9%
12 years	371	30%
13 years	464	38%
14 years or older	257	21%

Race / Ethnicity	Total	%
Missing	79	6%
Racial or ethnic minority	202	16%
White non-Hispanic	932	76%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Franklin County. Not all students indicated their sex or grade, therefore the totals in these tables may not add up to the total number of students in the county or state who participated. All other numbers represented in this report are weighted to reflect the enrolled student population.

*Demographics*


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**Vermont**  
**Number of Middle School Students in Vermont**

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<b>Vermont Total</b>
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13648
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Sex	Total	%
Missing	96	0%
Female	6713	49%
Male	6839	50%

Grade	Total	%
Missing	86	0%
6th grade	2899	21%
7th grade	5337	39%
8th grade	5326	39%

Age	Total	%
Missing	63	.
11 years or younger	1445	10%
12 years	3983	29%
13 years	5240	38%
14 years or older	2917	21%

Race / Ethnicity	Total	%
Missing	926	6%
Racial or ethnic minority	2357	17%
White non-Hispanic	10365	75%

NOTE: The above numbers are unweighted. They represent the students who took the survey in Vermont. All other numbers represented in this report are weighted to reflect the enrolled student population.

*1 Personal Safety***1.01 Percent of students who have ever been in a physical fight**

		Franklin	Vermont	Notes
Grade	6th	36%	42%	
	7th	47%	41%	
	8th	45%	44%	
Sex	Female	28%	28%	
	Male	59%	57%	
Total		44%	43%	

**1.02 Percent of students who were bullied at least once, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	26%	24%	
	7th	28%	25%	
	8th	29%	22%	County statistically higher
Sex	Female	34%	30%	County statistically higher
	Male	21%	18%	
Total		28%	24%	County statistically higher

NOTE: For the purposes of the Vermont YRBS, bullying was described as occurring when, on many occasions, a student or group of students say or do unpleasant things to another student to make fun of, tease, embarrass, or scare him/her, or purposefully exclude him/her. Bullying can occur before, during, or after the school day; on school property; on a school bus; or at a school-sponsored activity. It is not bullying when two students of about the same strength and power argue or fight or when teasing is done in a friendly way. Electronic bullying occurs through e-mail, chat rooms, instant messaging, Web sites, or texting.

*1 Personal Safety***1.03 Percent of students who reported they had ever been electronically bullied**

		Franklin	Vermont	Notes
Grade	6th	19%	21%	
	7th	29%	26%	
	8th	35%	28%	County statistically higher
Sex	Female	42%	36%	County statistically higher
	Male	16%	16%	
Total		29%	26%	County statistically higher

**1.04 Percent of students who were ever bullied at school**

		Franklin	Vermont	Notes
Grade	6th	45%	46%	
	7th	51%	48%	
	8th	50%	45%	
Sex	Female	57%	53%	
	Male	42%	40%	
Total		49%	46%	

**1.05 Percent of students who bullied someone at least once, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	12%	8%	
	7th	13%	9%	County statistically higher
	8th	15%	11%	County statistically higher
Sex	Female	13%	10%	
	Male	14%	9%	County statistically higher
Total		13%	10%	County statistically higher

*1 Personal Safety***1.06 Percent of students who did not go to school because they felt unsafe, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	13%	8%	
	7th	8%	7%	
	8th	6%	7%	
Sex	Female	10%	9%	
	Male	7%	6%	
Total		8%	7%	

**1.07 Percent of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities, past 12 months**

		Franklin	Vermont	Notes
Grade	6th	16%	17%	
	7th	20%	19%	
	8th	26%	22%	
Sex	Female	29%	27%	
	Male	13%	13%	
Total		21%	20%	

**1.08 Percent of students who ever seriously thought about suicide**

		Franklin	Vermont	Notes
Grade	6th	11%	14%	
	7th	17%	16%	
	8th	26%	22%	
Sex	Female	26%	23%	
	Male	12%	12%	
Total		19%	18%	

*1 Personal Safety***1.09 Percent of students who ever made a suicide plan**

		Franklin	Vermont	Notes
Grade	6th	10%	9%	
	7th	12%	11%	
	8th	16%	15%	
Sex	Female	19%	16%	
	Male	7%	8%	
Total		13%	12%	

**1.10 Percent of students who ever attempted suicide**

		Franklin	Vermont	Notes
Grade	6th	4%	5%	
	7th	6%	5%	
	8th	7%	8%	
Sex	Female	8%	8%	
	Male	3%	3%	
Total		6%	6%	

**1.11 Percent of students who had at least one sunburn in the past 12 months**

		Franklin	Vermont	Notes
Grade	6th	52%	51%	
	7th	58%	55%	
	8th	57%	56%	
Sex	Female	59%	58%	
	Male	54%	51%	
Total		56%	54%	

1 Personal Safety

1.12 Bicycle helmet use among those who rode a bicycle in the past 12 months

			Franklin	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	35%	26%	County statistically higher
		Sometimes wear a helmet	16%	15%	
		Most of the time / always wear a helmet	49%	59%	County statistically lower
-----					
	7th	Never / rarely wear a helmet	42%	31%	County statistically higher
		Sometimes wear a helmet	14%	16%	
		Most of the time / always wear a helmet	43%	52%	County statistically lower
-----					
	8th	Never / rarely wear a helmet	54%	41%	County statistically higher
		Sometimes wear a helmet	15%	15%	
		Most of the time / always wear a helmet	31%	43%	County statistically lower
-----					
Sex	Female	Never / rarely wear a helmet	44%	31%	County statistically higher
		Sometimes wear a helmet	17%	17%	
		Most of the time / always wear a helmet	39%	52%	County statistically lower
-----					
	Male	Never / rarely wear a helmet	45%	36%	County statistically higher
		Sometimes wear a helmet	14%	14%	
		Most of the time / always wear a helmet	42%	49%	County statistically lower
-----					
Total		Never / rarely wear a helmet	44%	34%	County statistically higher
		Sometimes wear a helmet	15%	16%	
		Most of the time / always wear a helmet	40%	51%	County statistically lower

1 Personal Safety

**1.13 Helmet use while rollerblading or skateboarding (of those students who rollerbladed or skateboarded)**

			Franklin	Vermont	Notes
Grade	6th	Never / rarely wear a helmet	29%	31%	
		Sometimes wear a helmet	10%	11%	
		Most of the time / always wear a helmet	61%	58%	
-----					
	7th	Never / rarely wear a helmet	44%	42%	
		Sometimes wear a helmet	11%	13%	
		Most of the time / always wear a helmet	45%	45%	
-----					
	8th	Never / rarely wear a helmet	66%	52%	County statistically higher
		Sometimes wear a helmet	8%	12%	
		Most of the time / always wear a helmet	26%	36%	County statistically lower
-----					
Sex	Female	Never / rarely wear a helmet	50%	45%	
		Sometimes wear a helmet	10%	13%	
		Most of the time / always wear a helmet	40%	43%	
-----					
	Male	Never / rarely wear a helmet	47%	41%	
		Sometimes wear a helmet	9%	12%	
		Most of the time / always wear a helmet	44%	47%	
-----					
Total		Never / rarely wear a helmet	49%	43%	
		Sometimes wear a helmet	10%	12%	
		Most of the time / always wear a helmet	42%	45%	

*1 Personal Safety***1.14 Percent of students who reported never or rarely wearing a seatbelt while riding in a car**

		Franklin	Vermont	Notes
Grade	6th	3%	2%	
	7th	4%	3%	
	8th	3%	4%	
Sex	Female	2%	2%	
	Male	5%	3%	
Total		4%	3%	

**1.15 Percent of students who ever rode in a car driven by someone who had been drinking**

		Franklin	Vermont	Notes
Grade	6th	16%	15%	
	7th	25%	19%	County statistically higher
	8th	26%	25%	
Sex	Female	24%	21%	
	Male	23%	19%	
Total		23%	20%	County statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.01 Percent of students who ever drank alcohol other than a few sips**

		Franklin	Vermont	Notes
Grade	6th	14%	10%	
	7th	18%	15%	
	8th	27%	24%	
Sex	Female	18%	16%	
	Male	23%	18%	County statistically higher
Total		20%	17%	County statistically higher

**2.02 Percent of students who drank alcohol other than a few sips before age 11**

		Franklin	Vermont	Notes
Grade	6th	9%	7%	
	7th	8%	6%	
	8th	5%	6%	
Sex	Female	4%	5%	
	Male	10%	8%	
Total		7%	6%	

**2.03 Percent of students who drank any alcohol, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	5%	3%	
	7th	6%	5%	
	8th	14%	10%	County statistically higher
Sex	Female	7%	6%	
	Male	11%	7%	County statistically higher
Total		9%	6%	County statistically higher

*2 Alcohol, Tobacco, and Other Drug Use***2.04 Percent of students who binge drank (5 or more alcoholic drinks in a row), past 30 days**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	1%	
	8th	4%	4%	
Sex	Female	2%	2%	
	Male	3%	2%	
Total		3%	2%	

**2.05 Percent of students who ever tried cigarette smoking, even one or two puffs**

		Franklin	Vermont	Notes
Grade	6th	3%	4%	
	7th	6%	7%	
	8th	15%	13%	
Sex	Female	8%	9%	
	Male	10%	9%	
Total		9%	9%	

**2.06 Percent of students who ever smoked a whole cigarette**

		Franklin	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	4%	4%	
	8th	8%	8%	
Sex	Female	5%	5%	
	Male	5%	5%	
Total		5%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.07 Percent of students who smoked a whole cigarette by age 11**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	1%	
	8th	2%	2%	
Sex	Female	1%	1%	
	Male	2%	2%	
Total		1%	1%	

**2.08 Percent of students who smoked cigarettes, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	2%	
	8th	2%	3%	
Sex	Female	1%	2%	
	Male	2%	2%	
Total		2%	2%	

*2 Alcohol, Tobacco, and Other Drug Use***2.9 Percent of students who ever used electronic vapor products such as e-cigarettes**

		Franklin	Vermont	Notes
Grade	6th	4%	3%	
	7th	6%	6%	
	8th	13%	11%	
Sex	Female	8%	7%	
	Male	8%	7%	
Total		8%	7%	

**2.10 Percent of students who used electronic vapor products such as e-cigarettes during the past 30 days**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	2%	
	8th	5%	5%	
Sex	Female	3%	3%	
	Male	3%	3%	
Total		3%	3%	

**2.11 Percent of students who used chewing tobacco, snuff, or dip, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	3%	1%	
	7th	2%	1%	
	8th	6%	3%	County statistically higher
Sex	Female	1%	1%	
	Male	6%	3%	County statistically higher
Total		4%	2%	County statistically higher

2 Alcohol, Tobacco, and Other Drug Use

**2.12 Percent of students who smoked cigars, cigarillos, or little cigars, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	1%	1%	
	8th	2%	2%	
Sex	Female	.	1%	Too few students
	Male	2%	2%	
Total		1%	2%	

**2.13 Percent of students who used a tobacco product such as cigarettes, smokeless tobacco, or cigars, in the past 30 days**

		Franklin	Vermont	Notes
Grade	6th	4%	2%	
	7th	3%	3%	
	8th	8%	6%	
Sex	Female	2%	3%	
	Male	8%	4%	
Total		5%	4%	

**2.14 Percent of students who used any tobacco products including e-cigarettes in the past 30 days**

		Franklin	Vermont	Notes
Grade	6th	5%	3%	
	7th	4%	4%	
	8th	10%	8%	
Sex	Female	5%	5%	
	Male	9%	6%	
Total		7%	5%	

*2 Alcohol, Tobacco, and Other Drug Use***2.15 Percent of smokers who attempted to quit smoking, past 12 months**

		Franklin	Vermont	Notes
Grade	6th	.	.	Too few students
	7th	.	58%	Too few students
	8th	.	45%	Too few students
Sex	Female	.	48%	Too few students
	Male	.	47%	Too few students
Total		.	48%	Too few students

**2.16 Percent of students who have ever used marijuana**

		Franklin	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	4%	5%	
	8th	12%	11%	
Sex	Female	5%	6%	
	Male	8%	7%	
Total		7%	7%	

**2.17 Percent of students who used marijuana by age 11**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	.	1%	Too few students
	8th	2%	2%	
Sex	Female	1%	1%	
	Male	1%	2%	
Total		1%	1%	

*2 Alcohol, Tobacco, and Other Drug Use***2.18 Percent of students who used marijuana, past 30 days**

		Franklin	Vermont	Notes
Grade	6th	.	1%	Too few students
	7th	2%	3%	
	8th	7%	6%	
Sex	Female	3%	3%	
	Male	4%	4%	
Total		4%	4%	

**2.19 Percent of students who have ever used inhalants**

		Franklin	Vermont	Notes
Grade	6th	4%	5%	
	7th	4%	4%	
	8th	5%	6%	
Sex	Female	4%	5%	
	Male	5%	5%	
Total		4%	5%	

**2.20 Percent of students who ever took a prescription drug without a doctor's prescription**

		Franklin	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	2%	3%	
	8th	4%	4%	
Sex	Female	3%	3%	
	Male	2%	3%	
Total		2%	3%	

*3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use***3.01 Percent of students who were in the same room with someone who was smoking cigarettes, past 7 days**

		Franklin	Vermont	Notes
Grade	6th	30%	24%	
	7th	31%	28%	
	8th	36%	31%	County statistically higher
Sex	Female	34%	29%	County statistically higher
	Male	30%	27%	
Total		33%	28%	County statistically higher

**3.02 Percent of students who were in the same car with someone who was smoking cigarettes, past 7 days**

		Franklin	Vermont	Notes
Grade	6th	21%	17%	
	7th	22%	20%	
	8th	26%	23%	
Sex	Female	25%	22%	
	Male	22%	19%	
Total		23%	21%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.03 Percent of students who, always or most of the time saw advertisements for tobacco products at supermarkets or gas stations**

		Franklin	Vermont	Notes
Grade	6th	52%	47%	
	7th	57%	52%	
	8th	57%	55%	
Sex	Female	55%	52%	
	Male	57%	52%	County statistically higher
Total		56%	52%	County statistically higher

**3.04 Percent of students who, in the past 12 months, were asked if they smoke by a health professional**

		Franklin	Vermont	Notes
Grade	6th	11%	15%	
	7th	29%	26%	
	8th	33%	35%	
Sex	Female	29%	28%	
	Male	23%	26%	
Total		27%	27%	

**3.05 Students perceptions about out of 100 Vermont high school students the number who smoke cigarettes**

	Franklin	Vermont	Notes
15 or less students	16%	16%	
16 to 25 students	20%	25%	County statistically lower
26 to 45 students	24%	24%	
46 to 55 students	18%	16%	
56 to 75 students	11%	9%	
76 or more students	10%	10%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.06 Percent of students who think their parents would think it is wrong or very wrong for them to smoke cigarettes**

		Franklin	Vermont	Notes
Grade	6th	97%	96%	
	7th	96%	96%	
	8th	96%	96%	
Sex	Female	96%	97%	
	Male	96%	96%	
Total		96%	96%	

**3.07 Percent of students who think their parents would think it is wrong or very wrong for them to drink alcohol**

		Franklin	Vermont	Notes
Grade	6th	90%	92%	
	7th	90%	92%	
	8th	89%	90%	
Sex	Female	92%	93%	
	Male	87%	90%	
Total		89%	91%	

**3.08 Percent of students who think their parents would think it is wrong or very wrong for them to smoke marijuana**

		Franklin	Vermont	Notes
Grade	6th	96%	96%	
	7th	92%	95%	
	8th	93%	92%	
Sex	Female	94%	94%	
	Male	93%	94%	
Total		93%	94%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.09 Percent of students who think it would be wrong or very wrong for someone their age to smoke cigarettes**

		Franklin	Vermont	Notes
Grade	6th	99%	97%	
	7th	95%	95%	
	8th	92%	92%	
Sex	Female	95%	95%	
	Male	95%	94%	
Total		95%	94%	

**3.10 Percent of students who think it would be wrong or very wrong for someone their age to drink alcohol**

		Franklin	Vermont	Notes
Grade	6th	92%	94%	
	7th	89%	90%	
	8th	80%	83%	
Sex	Female	88%	90%	
	Male	84%	87%	
Total		86%	88%	

**3.11 Percent of students who think it would be wrong or very wrong for someone their age to smoke marijuana**

		Franklin	Vermont	Notes
Grade	6th	98%	97%	
	7th	91%	92%	
	8th	85%	83%	
Sex	Female	91%	91%	
	Male	90%	89%	
Total		91%	90%	

3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

**3.12 Percent of students who think people their age greatly risk harming themselves if they smoke one or more packs of cigarettes a day**

		Franklin	Vermont	Notes
Grade	6th	66%	70%	
	7th	67%	72%	
	8th	69%	72%	
Sex	Female	66%	71%	County statistically lower
	Male	70%	72%	
Total		68%	71%	County statistically lower

**3.13 Percent of students who think that people their age greatly risk harming themselves if they have five or more drinks of alcohol once or twice each weekend**

		Franklin	Vermont	Notes
Grade	6th	44%	49%	
	7th	43%	49%	County statistically lower
	8th	38%	46%	County statistically lower
Sex	Female	43%	49%	County statistically lower
	Male	39%	46%	County statistically lower
Total		41%	48%	County statistically lower

**3.14 Percent of students who think that people their age greatly risk harming themselves if they smoke marijuana regularly**

		Franklin	Vermont	Notes
Grade	6th	65%	67%	
	7th	58%	61%	
	8th	49%	51%	
Sex	Female	58%	60%	
	Male	54%	58%	
Total		56%	59%	

### 3 Attitudes and Perceptions of Alcohol, Cigarette, and Other Drug Use \_\_\_\_\_

#### 3.15 Percent of students who report that it would be easy or very easy to get cigarettes

		Franklin	Vermont	Notes
Grade	6th	16%	18%	
	7th	23%	24%	
	8th	34%	34%	
Sex	Female	23%	25%	
	Male	28%	29%	
Total		26%	27%	

#### 3.16 Percent of students who report that it would be easy or very easy to get alcohol

		Franklin	Vermont	Notes
Grade	6th	19%	24%	
	7th	31%	33%	
	8th	46%	46%	
Sex	Female	34%	35%	
	Male	35%	37%	
Total		34%	36%	

#### 3.17 Percent of students who report that it would be easy or very easy to get marijuana

		Franklin	Vermont	Notes
Grade	6th	4%	6%	
	7th	10%	12%	
	8th	19%	22%	
Sex	Female	12%	13%	
	Male	12%	16%	
Total		12%	14%	County statistically lower

*4 Sexual Behavior***4.01 Percent of students who have ever had sexual intercourse**

		Franklin	Vermont	Notes
Grade	6th	5%	3%	
	7th	3%	4%	
	8th	9%	8%	
Sex	Female	6%	4%	
	Male	6%	7%	
Total		6%	6%	

**4.02 Percent of students who have ever had oral sex**

		Franklin	Vermont	Notes
Grade	6th	.	2%	Too few students
	7th	2%	3%	
	8th	9%	9%	
Sex	Female	4%	5%	
	Male	5%	6%	
Total		5%	5%	

## 5 Nutrition and Physical Activity

## 5.01 Number of times during the past 7 days students ate breakfast

			Franklin	Vermont	Notes
Grade	6th	Never	2%	4%	
		1 to 3 times	10%	13%	
		4 to 6 times	19%	22%	
		Everyday	69%	61%	County statistically higher
-----					
	7th	Never	8%	7%	
		1 to 3 times	18%	16%	
		4 to 6 times	24%	25%	
		Everyday	50%	51%	
-----					
	8th	Never	8%	8%	
		1 to 3 times	22%	20%	
		4 to 6 times	26%	25%	
		Everyday	43%	48%	
-----					
Sex	Female	Never	9%	8%	
		1 to 3 times	20%	21%	
		4 to 6 times	26%	26%	
		Everyday	45%	45%	
-----					
	Male	Never	5%	6%	
		1 to 3 times	15%	13%	
		4 to 6 times	21%	23%	
		Everyday	59%	59%	
-----					
Total	Never		7%	7%	
	1 to 3 times		18%	17%	
	4 to 6 times		24%	24%	
	Everyday		52%	52%	

5 Nutrition and Physical Activity

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**5.02 Percent of students who reported drinking at least four bottles or glasses of water a day**

		Franklin	Vermont	Notes
Grade	6th	45%	45%	
	7th	38%	41%	
	8th	39%	39%	
Sex	Female	38%	38%	
	Male	42%	44%	
Total		40%	41%	

## 5 Nutrition and Physical Activity

## 5.03 Number of days students participated in at least 60 minutes of physical activity in the past 7 days

			Franklin	Vermont	Notes
Grade	6th	Never	8%	8%	
		1 to 4 days	33%	32%	
		5 to 6 days	26%	27%	
		Everyday	33%	33%	
-----					
	7th	Never	9%	7%	
		1 to 4 days	35%	34%	
		5 to 6 days	26%	28%	
		Everyday	31%	31%	
-----					
	8th	Never	9%	8%	
		1 to 4 days	40%	36%	
		5 to 6 days	21%	27%	County statistically lower
		Everyday	30%	29%	
-----					
Sex	Female	Never	10%	8%	
		1 to 4 days	42%	39%	
		5 to 6 days	26%	30%	
		Everyday	22%	23%	
-----					
	Male	Never	8%	8%	
		1 to 4 days	30%	29%	
		5 to 6 days	22%	25%	
		Everyday	40%	38%	
-----					
Total		Never	9%	8%	
		1 to 4 days	36%	34%	
		5 to 6 days	24%	27%	County statistically lower
		Everyday	31%	31%	
-----					

## 5 Nutrition and Physical Activity

**5.04 Number of times students participated in physical activity breaks outside of physical education courses in an average school week**

			Franklin	Vermont	Notes
Grade	6th	0 days	8%	18%	County statistically lower
		1 to 2 days	14%	15%	
		3 to 4 days	16%	19%	
		Everyday	63%	48%	County statistically higher
-----					
	7th	0 days	27%	30%	
		1 to 2 days	14%	17%	
		3 to 4 days	17%	17%	
		Everyday	42%	36%	
-----					
	8th	0 days	24%	33%	County statistically lower
		1 to 2 days	18%	16%	
		3 to 4 days	13%	16%	
		Everyday	44%	35%	County statistically higher
-----					
Sex	Female	0 days	23%	28%	County statistically lower
		1 to 2 days	15%	18%	
		3 to 4 days	15%	17%	
		Everyday	47%	38%	County statistically higher
-----					
	Male	0 days	20%	28%	County statistically lower
		1 to 2 days	16%	15%	
		3 to 4 days	15%	17%	
		Everyday	49%	40%	County statistically higher
-----					
Total		0 days	21%	28%	County statistically lower
		1 to 2 days	16%	16%	
		3 to 4 days	15%	17%	
		Everyday	48%	39%	County statistically higher

*5 Nutrition and Physical Activity***5.05 Number of hours spent watching TV on an average school day**

			Franklin	Vermont	Notes
Grade	6th	1 hour or less per day	51%	60%	County statistically lower
		2 to 4 hours per day	43%	34%	County statistically higher
		5 or more hours per day	6%	6%	
-----					
	7th	1 hour or less per day	50%	57%	County statistically lower
		2 to 4 hours per day	42%	37%	County statistically higher
		5 or more hours per day	7%	6%	
-----					
	8th	1 hour or less per day	50%	57%	County statistically lower
		2 to 4 hours per day	44%	37%	County statistically higher
		5 or more hours per day	6%	7%	
-----					
Sex	Female	1 hour or less per day	48%	57%	County statistically lower
		2 to 4 hours per day	47%	37%	County statistically higher
		5 or more hours per day	6%	6%	
-----					
	Male	1 hour or less per day	53%	58%	
		2 to 4 hours per day	40%	35%	
		5 or more hours per day	7%	7%	
-----					
Total	1 hour or less per day		50%	58%	County statistically lower
	2 to 4 hours per day		43%	36%	County statistically higher
	5 or more hours per day		7%	6%	

*5 Nutrition and Physical Activity***5.06 Number of hours spent playing video games or going online for something not related to school, on an average school day**

			Franklin	Vermont	Notes
Grade	6th	1 hour or less per day	57%	55%	
		2 to 4 hours per day	31%	33%	
		5 or more hours per day	12%	12%	
-----					
	7th	1 hour or less per day	43%	46%	
		2 to 4 hours per day	39%	40%	
		5 or more hours per day	17%	14%	
-----					
	8th	1 hour or less per day	35%	40%	
		2 to 4 hours per day	40%	41%	
		5 or more hours per day	24%	19%	County statistically higher
-----					
Sex	Female	1 hour or less per day	43%	48%	
		2 to 4 hours per day	37%	37%	
		5 or more hours per day	20%	15%	County statistically higher
-----					
	Male	1 hour or less per day	44%	44%	
		2 to 4 hours per day	38%	41%	
		5 or more hours per day	18%	15%	
-----					
Total		1 hour or less per day	43%	46%	
		2 to 4 hours per day	38%	39%	
		5 or more hours per day	19%	15%	County statistically higher

## 5 Nutrition and Physical Activity

## 5.07 Number of days in the average week students went online for something not school-related

			Franklin	Vermont	Notes
Grade	6th	Never	29%	22%	
		1 to 5 days	44%	45%	
		At least six days	27%	33%	
-----					
	7th	Never	16%	16%	
		1 to 5 days	41%	41%	
		At least six days	43%	42%	
-----					
	8th	Never	14%	11%	
		1 to 5 days	32%	34%	
		At least six days	54%	55%	
-----					
Sex	Female	Never	15%	13%	
		1 to 5 days	39%	41%	
		At least six days	46%	46%	
-----					
	Male	Never	21%	18%	
		1 to 5 days	38%	38%	
		At least six days	41%	44%	
-----					
Total	Never		18%	15%	
	1 to 5 days		38%	39%	
	At least six days		44%	45%	

*6 Youth Assets***6.01 Percent of students who talk to their parents about school at least weekly**

		Franklin	Vermont	Notes
Grade	6th	81%	81%	
	7th	77%	80%	
	8th	75%	78%	
Sex	Female	79%	80%	
	Male	76%	79%	
Total		78%	79%	

**6.02 Percent of students who agree or strongly agree that 'in your community you feel like you matter to people'**

		Franklin	Vermont	Notes
Grade	6th	55%	60%	
	7th	53%	56%	
	8th	47%	51%	
Sex	Female	46%	50%	
	Male	57%	59%	
Total		51%	55%	County statistically lower

*6 Youth Assets***6.03 Percent of students who agree or strongly agree that their teachers really care about them and give them a lot of encouragement**

		Franklin	Vermont	Notes
Grade	6th	72%	69%	
	7th	63%	62%	
	8th	56%	59%	
Sex	Female	63%	62%	
	Male	62%	64%	
Total		63%	63%	

**6.04 Percent of students who agree or strongly agree that students help decide what goes on in school**

		Franklin	Vermont	Notes
Grade	6th	49%	45%	
	7th	45%	44%	
	8th	37%	39%	
Sex	Female	43%	42%	
	Male	43%	43%	
Total		43%	43%	