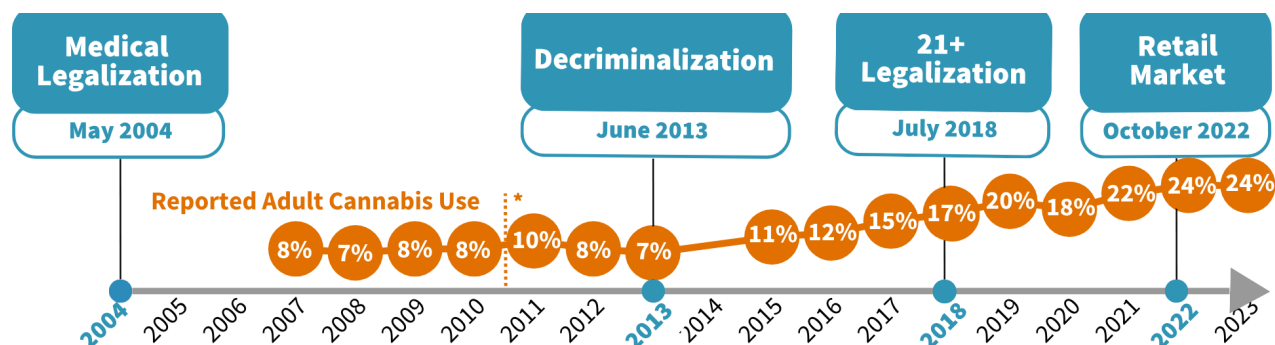


Cannabis Regulatory Landscape

Changes in cannabis access and use



Changes in the legal landscape and reported past 30-day adult (18+) cannabis use



*Caution when comparing data before and after 2011 due to methodological changes made to the survey. Source: BRFSS



Easier access to cannabis could increase rates of use in young adults

Of the 1 in 5 young adults (ages 18-25) who answered that having retail cannabis stores in Vermont will change their cannabis use, **65%** responded they will start to use or increase their use of cannabis.



Of young adults (ages 18-25) in Vermont, nearly half (45%) said they used cannabis in the past 30 days. Almost half of those (46%) **used cannabis 20 or more days in the past 30 days.**

Source: YAS 2022



Changes in other states with recreational cannabis legalization



Compared to states without recreational cannabis legalization, in states **with** recreational cannabis legalization:

- In youth (age 12-17) there was an increase in cannabis use disorder
- In adults (26+) there was an increase in frequent cannabis use and cannabis use disorder

Source: Cerdá, M., Mauro, C., Hamilton, A., Levy, N. S., Santaella-Tenorio, J., Hasin, D., Wall, M. M., Keyes, K. M., & Martins, S. S. (2020). Association Between Recreational Marijuana Legalization in the United States and Changes in Marijuana Use and Cannabis Use Disorder From 2008 to 2016. *JAMA psychiatry*, 77(2), 165–171. <https://doi.org/10.1001/jamapsychiatry.2019.3254>

March 2024

Learn more at healthvermont.gov

Learn more about the [data sources](#)